



Kickboxing Federation of Singapore

2020 ANNUAL REPORT

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1. Recognition By Sport Singapore as a National Sports Association (NSA)

Date: 19 January 2020

We officially received recognition from SportSG, recognising us as an official National Sports Association (NSA)!

This is indeed a team effort and we thank everyone for their amazing help and support in achieving this!



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Date: 19 January 2020

Mr Jason Lim
President
Kickboxing Federation of Singapore (WAKO Singapore)
47 Beach Road
#03-03 Kheng Chiu Building
Singapore 189683

Dear Jason,

ACKNOWLEDGEMENT OF KICKBOXING FEDERATION OF SINGAPORE (WAKO SINGAPORE) AS THE NATIONAL FEDERATION FOR THE SPORT OF KICKBOXING IN SINGAPORE

- 1 Sport Singapore (SportSG) acknowledges that Kickboxing Federation of Singapore (WAKO Singapore) has being accorded official recognition by the World Association of Amateur Kickboxing Organizations (WAKO), as the National Sport Organization for the sport of Kickboxing in Singapore (see attached document).
- 2 The World Association of Amateur Kickboxing Organizations (WAKO) is the world governing body of the sport of Kickboxing in over 127 member countries.
- 3 Sport Singapore is looking forward to working with you in your promotion of the sport in Singapore.
- 4 Please feel free to contact me if you require any assistance.

Thank you.

Yours sincerely,



Todd Vladich
Director (National Sports Association Capability Development)
Singapore Sport Institute Group
Email: todd_vladich@sport.gov.sg

LIVE BETTER THROUGH SPORT

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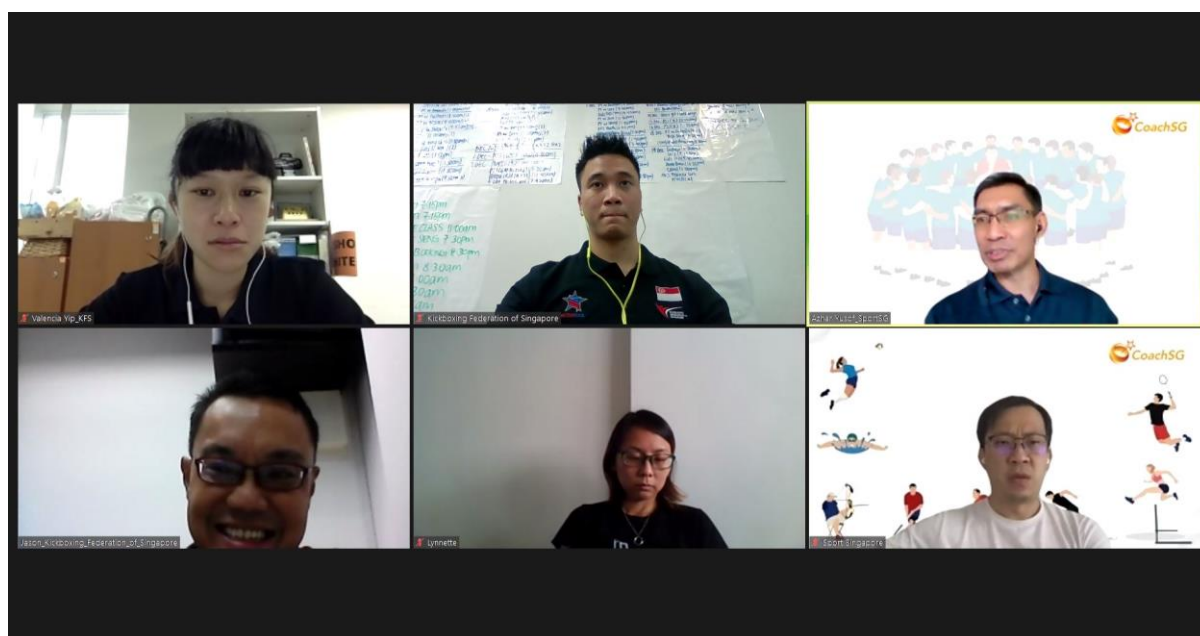
2. Development of Kickboxing in Singapore – Singapore Kickboxing Coach Education

Date: December 2020

Advice from Coach SG

We met with the team from CoachSG (Azhar, Lynette and Yong Joo) to discuss about integrating the current CoachSG framework with our National Kickboxing Coach programme.

At the present moment, we are reviewing our current syllabus and exploring segments to integrate CoachSG's recommendations.



Zoom Meeting with CoachSG (dated 3 December 2020)

Advice from Mr Sheik Alau'ddin

We meet Mr Sheik Alau'ddin on a quarterly basis (at times monthly), to seek his advice on the technical component of our coaching program.

As Silat is an established NSA with excellent organisational and coaching structure, we learn and implement accordingly to improve our coaching program.



With Mr Sheik Alau'ddin

3. Development of Kickboxing in Singapore – Engaging Singapore National Olympic Council (SNOC)

Date: Throughout 2020

Participation in SNOC 2020 AGM



We participated in the SNOC 2020 AGM held on 23 September online via virtual platform, Zoom.

Participation in Singapore Olympic Day 2020 (23 June)



We were delighted to be able to participate in the Singapore Olympic Day workout organised by SNOG.

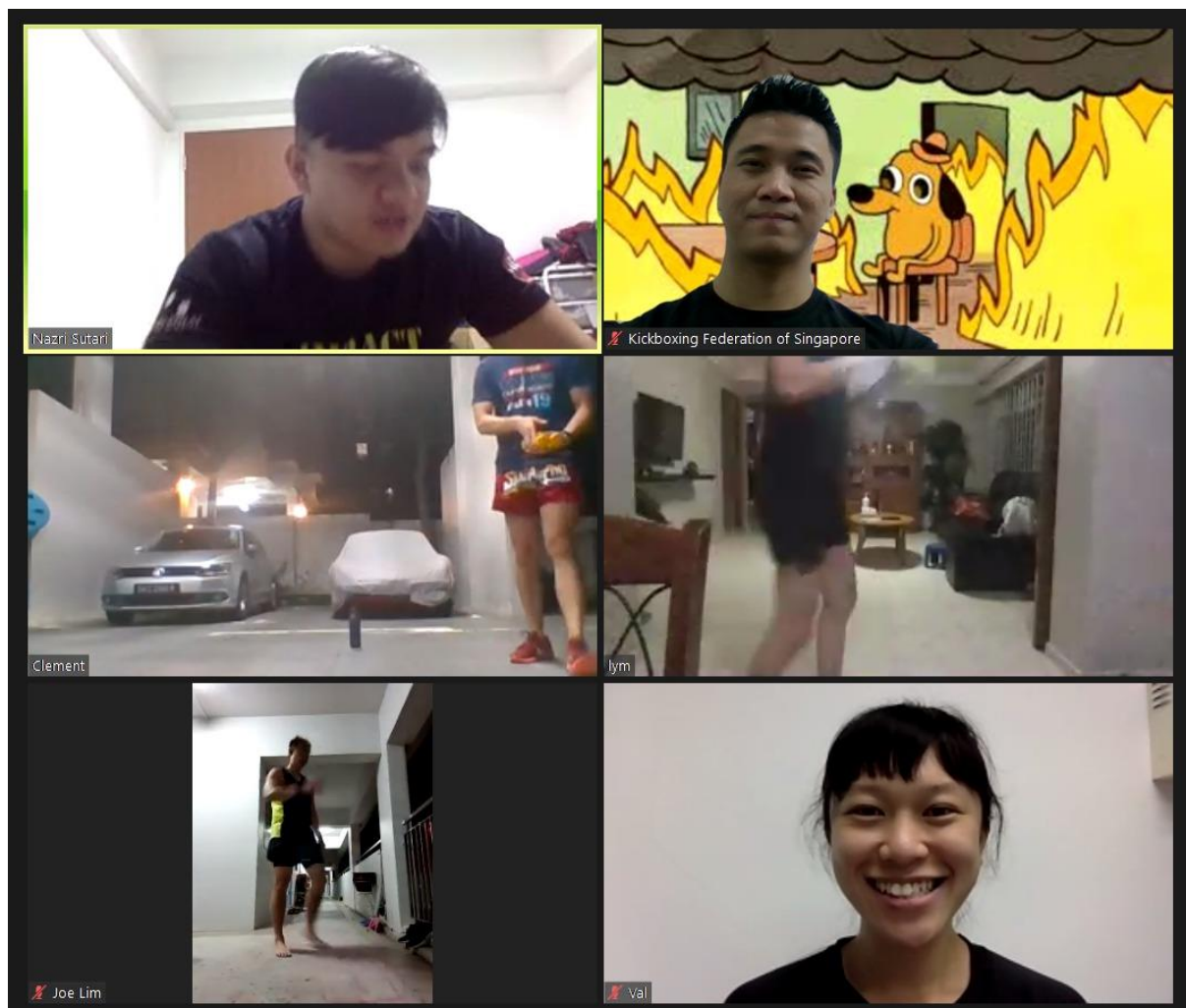
As this was at dawn of Phase 2, most gyms have not yet re-opened. This gave us the opportunity to bond with our national athletes, stakeholders and keep ourselves fit and active.

4. Development of Kickboxing in Singapore – Building Singapore’s National Kickboxing Team

Date: Jan to Mar 2020

At the start of 2020, we were building the national team, providing training and seminars. It came to a grinding halt when Circuit Breaker (April to June 2020) was imposed.

However, that did not deter our athletes from training as they shifted their training virtually and motivated each other.



Our athletes training virtually

5. Building Foreign Relations Across Countries

We are in touch with various countries, learning from them and identifying areas of opportunities to further develop and improve the sport of Kickboxing in Singapore.

We are deeply thankful to be able to meet the leaders of WAKO in the various regions to establish and build good relations.

Building Relations President of WAKO, Mr Roy Baker

Date: Since October 2019

We have been in touch with Mr Roy Baker, newly elected President of WAKO in Feb 2019 and have since been working together to strengthen policies, expand on ideas and stay abreast of global issues related to Kickboxing.

WAKO IF had planned to organise the 1st Asia WAKO Conference in June 2021. However, it had to be postponed due to the COVID-19 pandemic.



With Mr Roy Baker at the President's Gala Dinner at the 2019 World Championship in Sarajevo

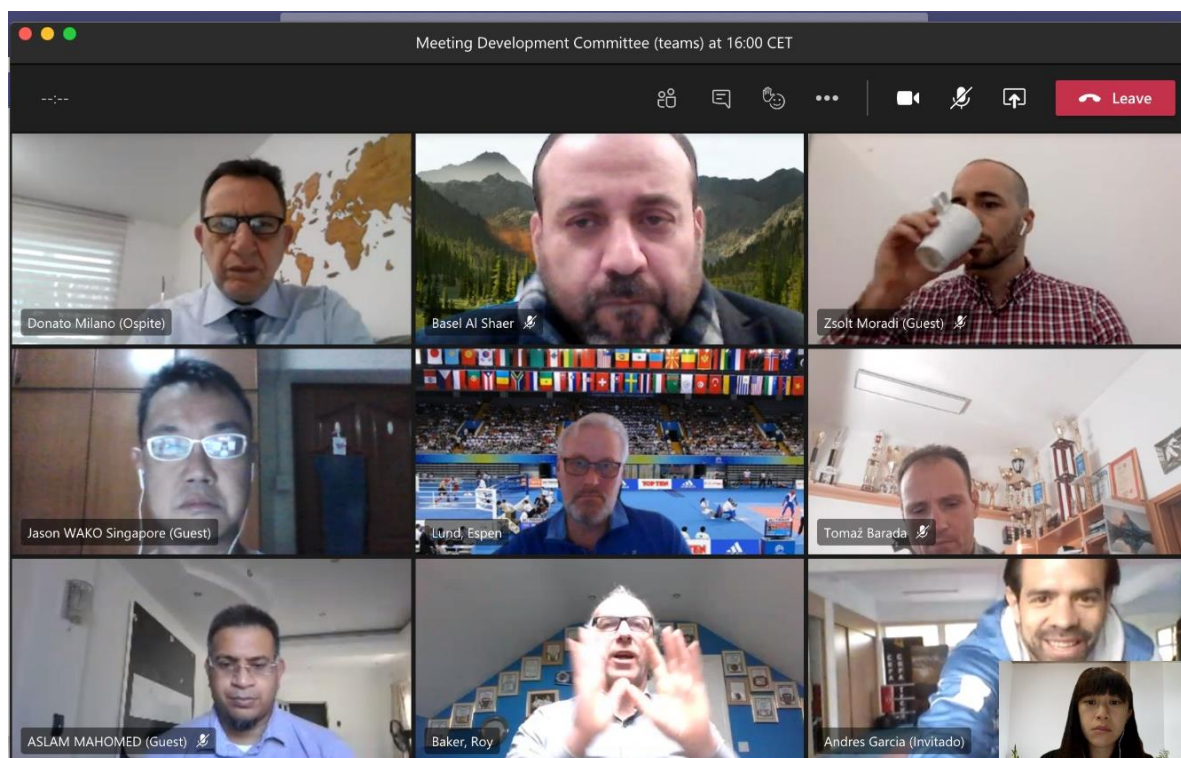
Building Relations with Vice President of WAKO, Mr Espen Lund

Date: Since October 2019

Mr Espen Lund is the Vice President of WAKO, and also the chairman of the WAKO Development Committee.

We have the honour to be part of the WAKO Development Committee to innovate and implement ideas which will reach to all 125 affiliated nations of WAKO.

We have been working closely with Espen to integrate SportSG's 'VISION2030' – Live Better Through Sport. The key area we have been working on, is to expand Kickboxing into the Special Population and Senior demographics of Singapore.



Zoom Meeting with WAKO Development Committee

Building Relations with Sec-Gen of WAKO Philippines, Mr Wharton Chan

Date: 22 Feb 2020

Wharton is the Secretary General of Samahang Kickboxing ng Pilipinas (SKP) and is an Attorney General working with the state government.

He is the key person involved in organising the activities of SKP to develop Kickboxing in the 81 provinces of Philippines. He was also one of key people who organised the Kickboxing event at the 2019 SEA Games.

Mr Wharton shared that he would be very keen to work closely with Singapore for competitions and Kickboxing activities (seminars, cross-training, training camps, etc.).



Mr Joel Lye and Mr Wharton Chan

6. Development of Kickboxing - As a sport for competition in Youth

Date: Nov 2020

Kickboxing Federation of Singapore was involved in training 2 youths, Carman and Julie, both aged 21 years old, competitively with the objective of grooming her for future kickboxing competitions.



Kickboxing Youth Program 2020

7. Development of Kickboxing – Youth-at-Risk Outreach

Date: December 2020

Riding on the success of the I-Am-Possible programme organised by Team Singapore, we are developing a program to give youth-at-risk access to sport (Kickboxing) and give them an opportunity to build character through sport.



I-Am-Possible program, organised by Team Singapore

8. Development of Kickboxing - Sports for All

Date: since 2017 (4 years running)

Kickboxing as Sports for All – Special Population

Since initiating the program in 2017, the number of classes has doubled from only 1, to now 2 classes per week.

As the participants see the physical and mental benefits of kickboxing, this spurred the growth of the program and has become one of the most popular programs offered by Parkinson Society Singapore.



Weekly Parkinson Kickboxing Classes reaches out to 2 classes, nearly 30 pax per week

9. Singapore Kickboxing League 2020

Brief Introduction

Date: June, Aug and Dec 2020

We had plans to organise the inaugural Singapore Kickboxing League, which a grassroots-level competition for amateur athletes, with the aim of providing more competition opportunities to athletes and develop their skills in the sport of Kickboxing.

However, with the COVID-19 pandemic, we had to postpone the events to 2021.



Singapore Kickboxing League 2020 Poster

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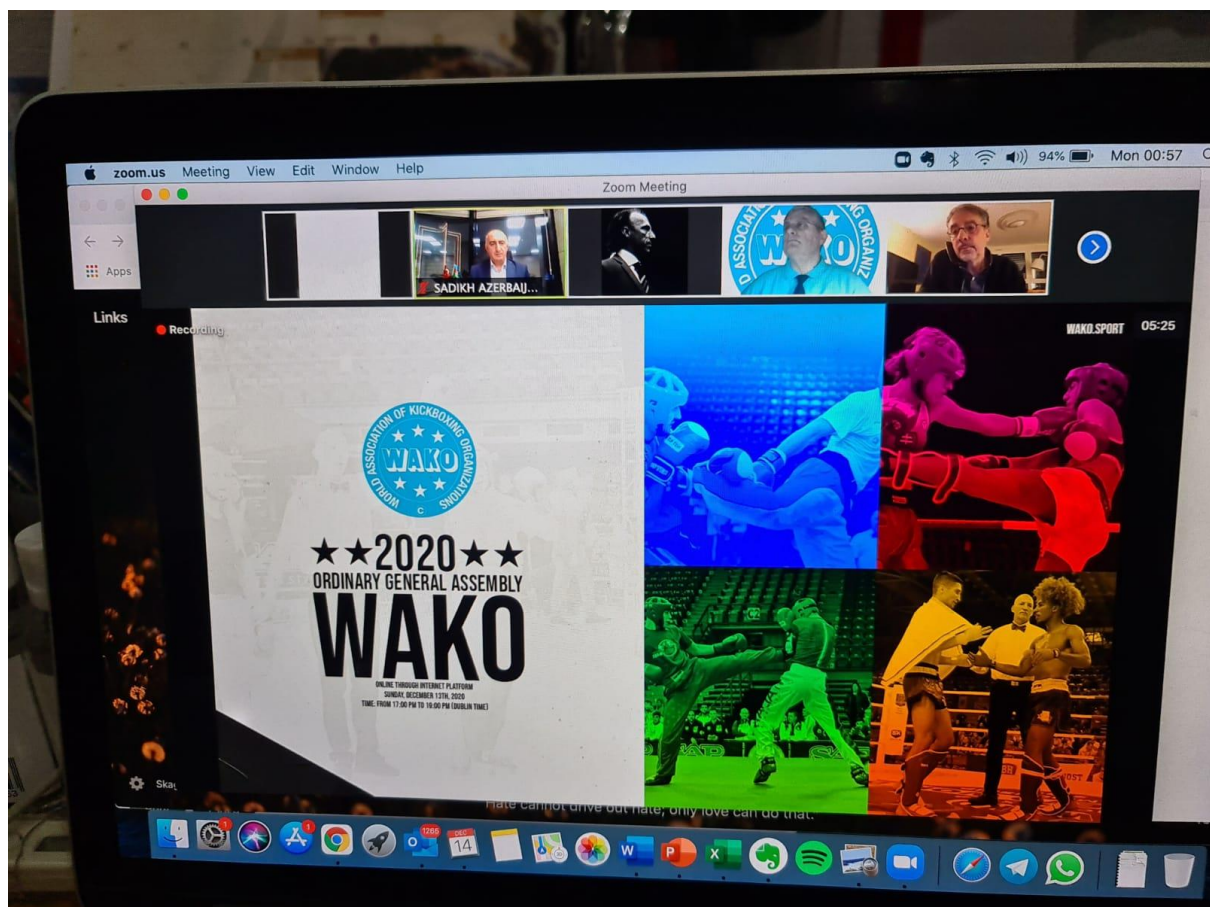
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10. Development of Kickboxing – Participation in WAKO General Assembly

Date: 14 December 2020

We attended the annual WAKO General Assembly to align Singapore's direction with the overall direction of WAKO IF as we gear towards IOC recognition after achieving provisional IOC recognition on 30 Nov 2018.



11. Development of Kickboxing - Technical Development (Coach & Athlete)

WAKO IF Referee and Rules Seminar

Date: 4th July 2021

We were privileged to attend the WAKO IF International Tatami Refereeing Course, in addition to other online courses organised by WAKO. Such courses include:

- WAKO International Tatami Refereeing Course
- WAKO International Ring Refereeing Course
- WAKO International Ring Rules Course
- WAKO International Tatami Rules Course
- WAKO International Musical Forms Course





12. Development of Kickboxing - Unity in Combat Sports (Savate)

Date: since 2016

Savate Club Singapore and Kickboxing Federation of Singapore have been working closely since 2016.

We continued to build on this relationship by including them into our training sessions to give our team more experience with different Kickboxing styles and pace.



KFS trains with Savate Club Singapore weekly on Saturdays since May 2019

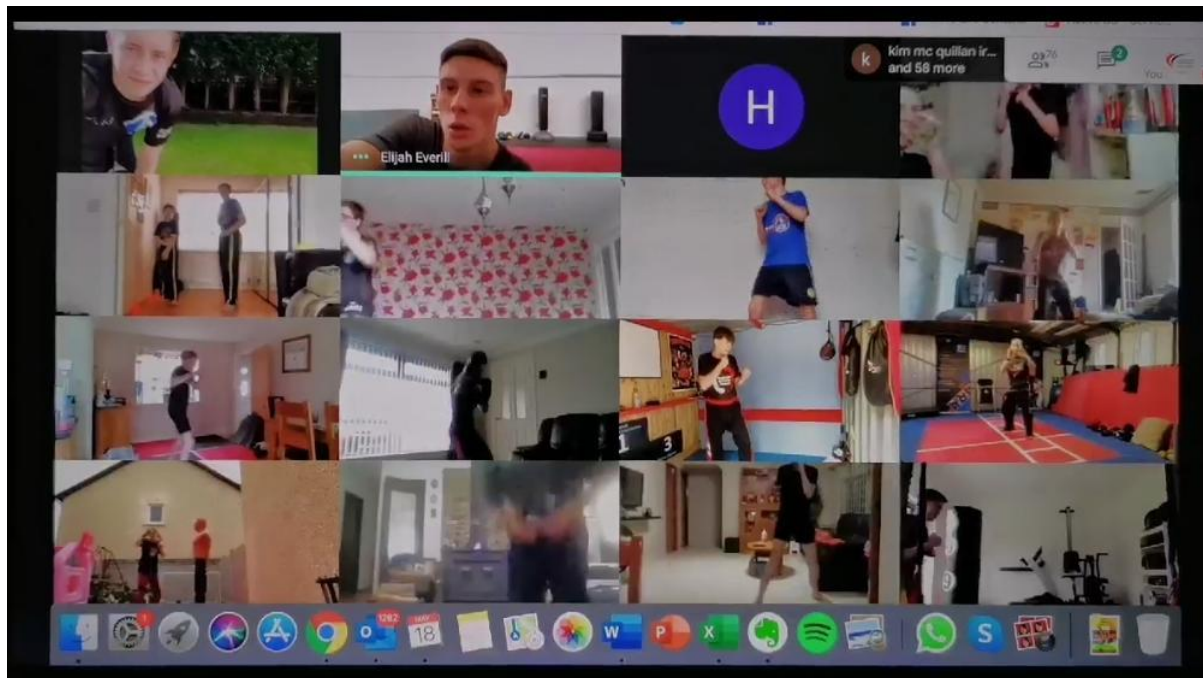
13. Development of Kickboxing – Cross Training with WAKO Great Britain

Seminar with WAKO GB

Date: 17 May 2020

Kickboxing Federation of Singapore had the opportunity to train with WAKO Great Britain, via online Zoom seminar.

It was indeed a privilege to be exposed to World-level Kickboxers which help to boost the skill level of our team.



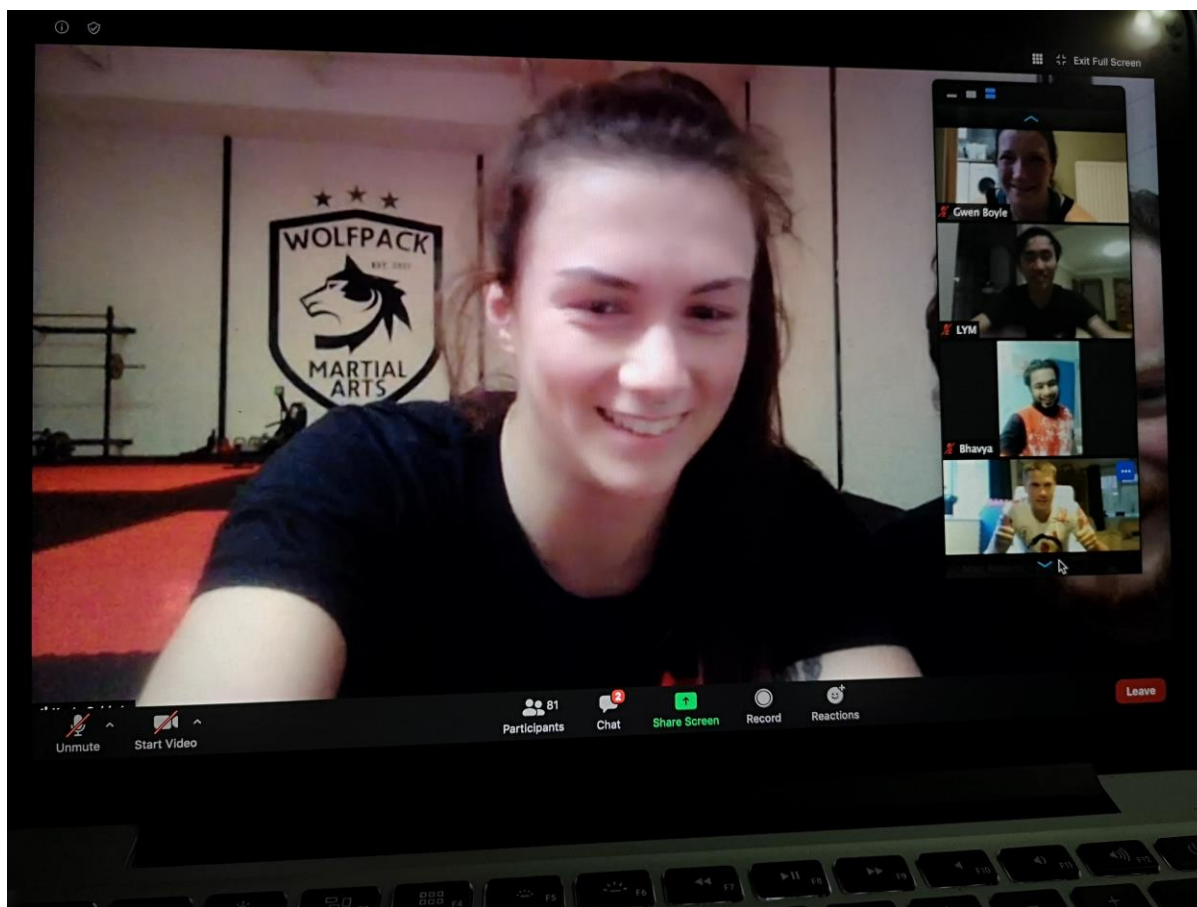
Zoom Seminar with Elijah and Fin Neesom

Seminar with Wolfpack Martial Arts (from Great Britain)

Date: 21 May 2020

Kickboxing Federation of Singapore had the opportunity to train with WAKO Great Britain, via online Zoom seminar.

It was indeed a privilege to be exposed to World-level Kickboxers which help to boost the skill level of our team.



Zoom Seminar with Kevin and Natasha Baldwin

14. Development of Kickboxing – Unity in Combat Sports (Silat)

Date: Ongoing since 2017 (4 years running)

Mr Sheik Alau'ddin frequently gives direction and advice on how Kickboxing Federation of Singapore can improve its process and further develop the competition and participation element of the sport.



Kickboxing Federation of Singapore with Mr Sheik Alau'ddin

15. Development of Kickboxing – Media

Straits Times Feature on KFS President, Mr Jason Lim's appointment into WAKO Development Committee

Date: 27 December 2020

We are delighted to announce that Mr Jason Lim, President of KFS, has been appointed into the WAKO Development Committee. This monumental achievement marks a significant milestone as he is the first Singaporean to be appointed into such a prestigious position.

THE STRAITS TIMES

SPORT

PDF 🔍 ☰

Feather in cap for S'porean sports officials appointed in kickboxing, bowling bodies

The two officials join a roster of Singaporeans serving in sports federations, including the IOC



Kickboxing Federation of Singapore president Jason Lim (in white, holding pads) was named on the development committee of the World Association of Kickboxing Associations. PHOTO: ACTIVE RED



Sazali Abdul Aziz
Correspondent

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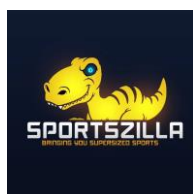
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16. Development of Kickboxing – Affiliate Clubs

7 Affiliate Clubs

In total, we have 8 affiliate clubs affiliated to Kickboxing Federation of Singapore

1. Active Red
2. Impact Mixed Martial Arts (MMA)
3. Active Life Center (Active Zone)
4. UFC Gym Singapore
5. Sutari Martial Arts
6. Cobra Fight Gym
7. Sportszilla Martial Arts



3,000 Affiliate Members

There are an estimate of **3,000 members/athletes** through these 7 affiliate clubs.

1,450 Female Affiliate Members

There is an estimate of **1,450 female members/athletes**.

17. Development of Kickboxing – National Sports Authority (NSA)

Local Goals and Objectives

- Get more support from Sport SG
- Set up more training in the various competition rules
- Organise local competitions at national levels
- Organise National Kickboxing League to enhance greater participation
- Continue to grow the current National Kickboxing Team
- Increase the number of member clubs
- Increase participation in the sport of Kickboxing
- Upgrade the standard of Kickboxing by organizing seminars, workshops, professional/executive training

South-East Asian Level – Competition Goals

- 2021 SEA Games held in Vietnam, 21 November to 2 December 2021

We will ensure that our plans for the federation in 2020/2021 will adhere and comply with the Selection Criteria and Procedures set out by Singapore National Olympic Council (SNOC) for the 2021 SEA Games.

Asian Level – Competition Goals

- 2022 Asian Indoor and Martial Arts Games, 10 to 20 March (Thailand)



World / International Level – Competition Goals

- 2021 Hungarian Open, 16 to 19 Sep (Budapest, Hungary)
- 2021 WAKO World Championships, 5 to 14 Nov (Moscow, Russia)
- 2022 World Games, 15 to 25 July (Birmingham, USA)
-

