



KICKBOXING
PORTUGAL



2023 ANNUAL REPORT



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ABOUT US

THE FEDERATION

Kickboxing Federation of Singapore ("KFS") was registered as a society in 25/09/2018 with Unique Registration Number (UEN):

T18SS0133A



Registered Address:

**47 Beach Road
#03-03 Kheng Chiu Building
Singapore 189683**

PURPOSE / OBJECTS

We aim to develop the sport of Kickboxing in Singapore by providing;

- Kickboxing as a Sport and/or Fitness activity available to everyone regardless of age, gender, race
- Competition opportunities at National, South-East Asia, Asian and International Levels
- An avenue to reach out to the youth-at-risk

OUR VISION

- To become one of the leading nations in the sport, at SEA Games, Asian Games and World Level
- To develop groom and nurture talent, and to consistently compete and perform at the highest levels across the national squad and at all major international championships
- To become a regional hub for Kickboxing in South East Asia

OUR MISSION

To be the beacon for Kickboxing in Singapore, promoting it as a wholesome sport for ALL and nurturing those with the attributes for "competitive Kickboxing" to realize their maximum potential

WELCOME MESSAGE FROM THE PRESIDENT

2023 was an incredible year for us, as we saw our athletes clinch a historic 23-medal haul through their joint efforts, certifying the year as one of our best-performing years to date.

The biennial edition of the Southeast Asia Games (SEA Games) saw Kickboxing's sole athlete, Nazri with coach Aleksandar represent our nation with pride in Cambodia, securing a 5th place finish.

As part of leadership succession and planning, 2 key members of our federation, Nazri Sutari and Valencia Yip took on roles in various committees at the International Federation (IF) level. I am encouraged by their ambition to grow the sport of Kickboxing both locally and internationally.



At the biennial World Championship in Portugal, our team fought and performed their hearts out, earning personal bests in each of their categories, with Singapore missing out on a historic world championship medal by 0.1 points. This reflects the slim margins needed to attain victory and I am heartened to see that our athletes can perform at world level, giving the top athletes a run for their medal. I see the desire of our athletes growing and I am confident their hunger to achieve will shine in the years ahead.

Though we are a small federation, we are 'big' in technical knowledge. We are honoured to have Mr Brian Beck join us on board as the Head Coach and Advisor. Brian is the World Association of Kickboxing Organization (WAKO) IF Tatami Technical Director, World Chief Referee and Honorary Member of the Tatami Referee Committee. A large share of our 2023 medal success is credited to his efforts as he supported us to coach our athletes, in addition to building Singapore's first Kickboxing Forms athlete.

Our focus for the future, is to strengthen our fundraising capabilities and create more activities for the community. In addition, we will be focusing on Tatami development in the foreseeable future to involve younger children (ages 7 and up) and strengthen our high-performance pipeline.

I would like to express my deepest gratitude to WAKO, Sport Singapore, Singapore National Olympic Council, KFS member clubs, athletes and coaches, technical officials, volunteers, sponsors, partners, donors and Board members for supporting us throughout 2023. We have achieved much, and I believe we can achieve more together in the years to come.

Best Regards,
Jason Lim
President

LEADERSHIP

The Association is governed by a Board, which is a governing body responsible for overseeing and managing the association. It is also sometimes known as a Council or Management Committee. Reporting to the Governing Board are Sub-Committees that look into specific areas.

Name	Current Board Appointment	Occupation	Past Board Appointments
Jason Lim	President 25 Sep 2018	Director, Active Red	
Valencia Yip	Secretary 25 Sep 2018	Director, Active Zone	
Joel Lye	Vice President 25 Sep 2018	Director, Active Zone	
Jen Koh	Treasurer 25 Sep 2018	Human Resource Manager, Singapore Land Authority (SLA)	
Nazri Sutari	Technical Director & Board Member 29 Aug 2020	Director, Sutari Martial Arts	
Dr Soon Yuen	Board Member 29 Aug 2020	General Surgeon, Sunway Medical Centre	
Ambar Machfoedy	Board Member 29 Aug 2020	Partner, POD Pacific Ventures	
Nazimah Aziz	Board Member 31 Mar 2021	Property Executive, ENGIE Services Singapore	
Siva Kumar	Board Member 27 Mar 2023	General Manager, Spark'D	
Norazilah Alfi	Board Member 27 Mar 2023	Paralegal, Partners Group (Singapore) Pte Ltd	

SECRETARIAT

There are currently no staff employed in the Secretariat.



HIGHLIGHTS OF THE YEAR

PERFORMANCE

2023 Performance

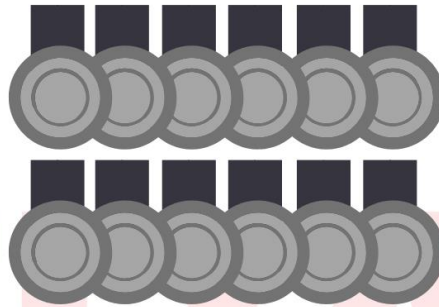


6 Gold



VALENCIA

Top 7 Ranked in World | Top 2 Asia
Top 4 to Top 8 finish at World C'Ships



12 Silver



NAZRI

Top 23 Ranked in World | Top 4 Asia
Top 5 finish at World C'Ships



5 Bronze



ALEXAVIER

Top 35 ranked in World;
Top 1 ranked in Asia (Junior)

APPOINTMENT AT INTERNATIONAL FEDERATION (IF) LEVEL



KFS Personnel in WAKO IF Committees

Valencia Yip, 33 Education Committee

Part of a 5-strong committee, tasked with developing and implementing education programs in coordination with various WAKO committees



Nazri Sutari, 33 Development Committee

Part of an 11-strong committee, tasked with creation of policies and strategies to create access for the underprivileged whilst strengthening greater participation through initiatives

Valencia Yip, 33 Women's Committee

Part of a 6-strong committee, tasked with developing initiatives to increase female participation across competitive and leadership environments to promote gender balance.



Joel Lye, 30 Tatami Referee Committee

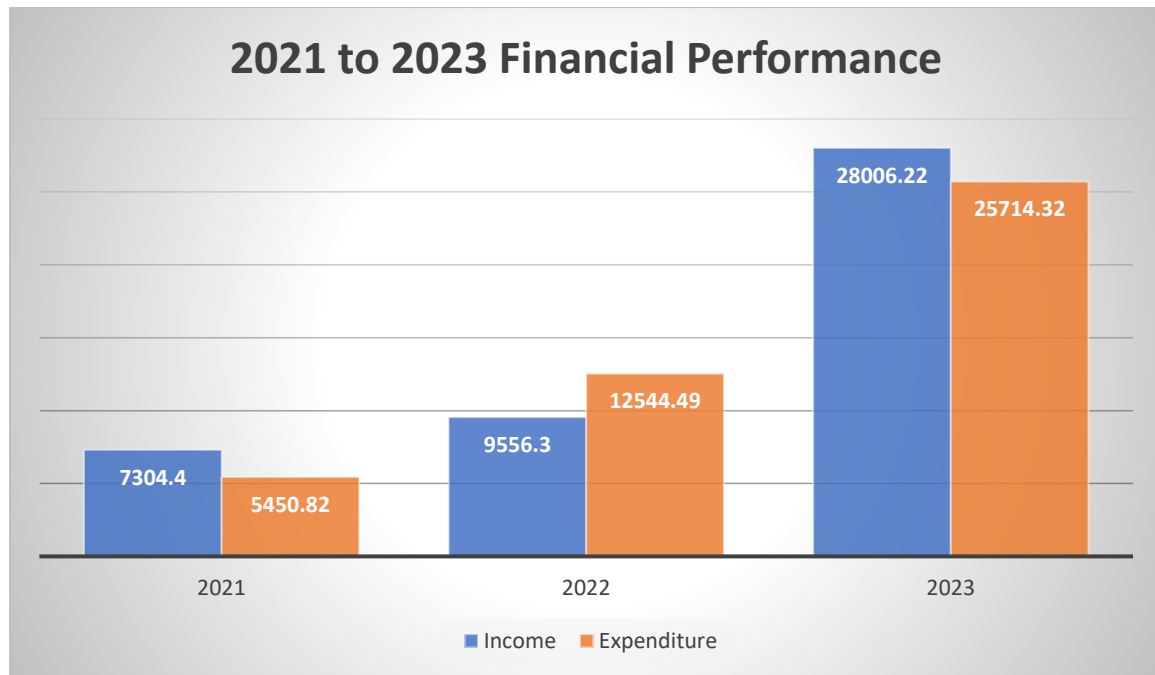
Part of a 7-strong committee, tasked with strengthening WAKO's global referee capabilities through training and development.

SUMMARY FINANCIAL PERFORMANCE

- Total Income: \$28,006.02
- Total Expenditure: \$25,714.32

Notes:

Majority of the income was derived from financial support from Sport Singapore, in support of our athlete's preparation for the 2023 SEA Games.



MAJOR FINANCIAL TRANSACTIONS

There were no major financial transactions made.

PURPOSE OF CHARITABLE ASSETS HELD

There are no assets held by the Association.

FINANCIAL HIGHLIGHTS

INCOME AND EXPENDITURE

Total Income:



\$28,006.02

Total Expenditure:



\$25,714.32

OUR WORK: PROGRAMMES AND ACTIVITIES

LOCAL TRAINING CAMP

The federation organised a **Singapore Tatami Training Camp** with the presenter, Mr Brian Beck conducting the training.

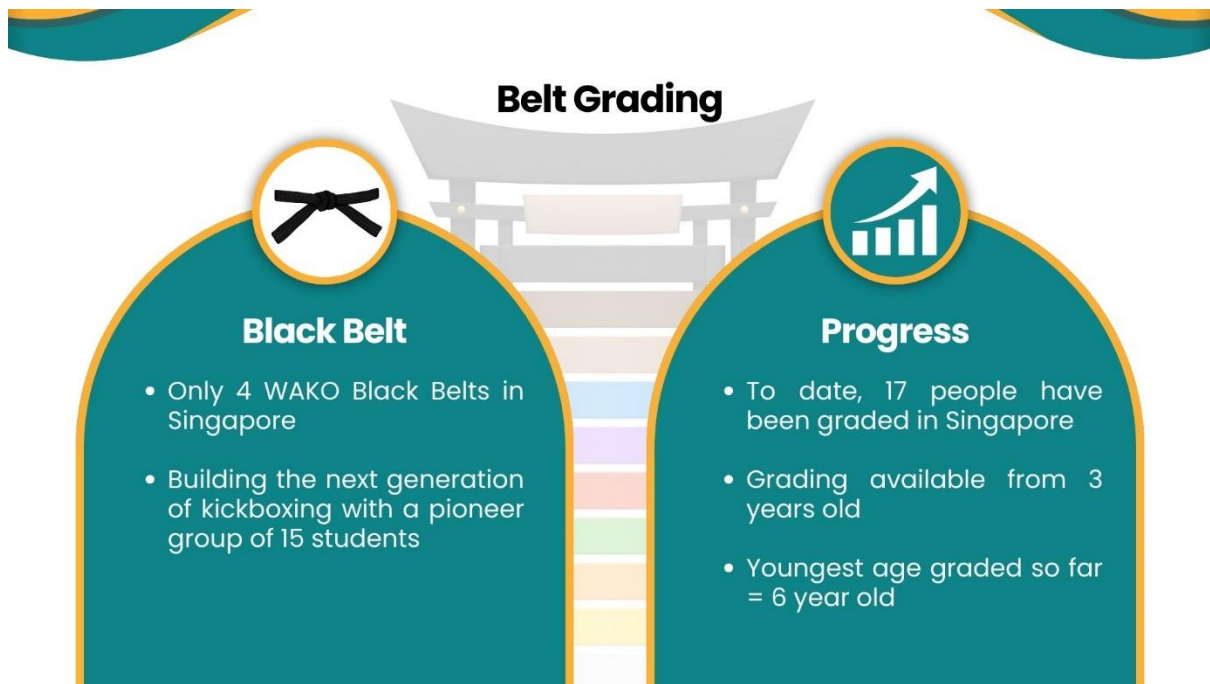
Through a 3-day training camp, the athletes gained deeper knowledge in the various fighting tatami disciplines of WAKO and strengthened their kickboxing skillset.



Photo with Brian Beck

BELT GRADING

The federation conducted 2 belt grading sessions for 15 students, with our ambition to create a successful pathway similar to the likes of Taekwondo and Karate.



OVERSEAS TRAINING CAMP AND PARTICIPATION IN INTERNATIONAL COMPETITIONS

The federation organised the following overseas training camps:

S/N	Dates	Duration	Athlete	Competition	Results Achieved
1	21 Mar to 8 May (Serbia)	7 weeks	Nazri	Sarajevo European Cup	2 nd – Senior Men 71kg Low Kick
				SEAG 2023	5 th –71kg Low Kick
2	5 to 20 Sep (UK)	2 weeks	Nazri, Valencia, Alexavier, Abraham	Flanders Cup	<u>Nazri:</u> 1 st – Senior Men 69kg Kick Light 1 st – Senior Men 69kg Light Contact 2 nd – Senior Men 74kg Kick Light 2 nd – Senior Men 74kg Light Contact <u>Valencia:</u> 2 nd – Senior Female Creative Form 2 nd – Senior Female Creative Form Weapon <u>Alexavier:</u> 2 nd – Junior Men 63kg Kick Light 3 rd – Junior Men 63kg Light Contact <u>Abraham:</u> 1 st – Junior Men 63kg Kick Light 2 nd – Junior Men 63kg Light Contact
				Italian World Cup	<u>Valencia:</u> 1 st – Senior Female Creative Form 1 st – Senior Female Musical Form 2 nd – Senior Female Creative Form Weapon

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					2 nd – Senior Female Musical Form Weapon Alexavier: 3 rd – Junior Men 63kg Kick Light
				World University Championship	Alexavier: 2 nd – Senior Men 63kg Kick Light 2 nd – Senior Men 63kg Point Fighting Abraham: 3 rd – Senior Men 63kg Kick Light 3 rd – Senior Men 63kg Point Fighting
3	1 to 14 October (UK)	2 weeks	Alexavier, Abraham	Bristol Open	Alexavier: 2 nd – Senior 69kg Point Fighting (Beginner) 3 rd – Senior 63kg Light Contact Abraham: 2 nd – Senior 69kg Kick Light
4	25 Sep to 16 Nov (Serbia)	8 weeks	Nazri	Balkan Open	1 st – Senior Men 71kg Low Kick
				World Championship	5 th – Senior Men 71kg Low Kick
5	1 to 17 Nov (UK)	2.5 weeks	Valencia, Alexavier, Abraham	World Championship	Valencia: 4 th – Senior Female Musical Form 5 th – Senior Female Creative Form 6 th – Senior Female Creative Form Weapon 8 th – Senior Female Musical Form Weapon Alexavier: 9 th – Senior Men 63kg Point Fighting 9 th – Senior Men 63kg Kick Light 17 th – Senior Men 63kg Light Contact Abraham: 17 th – Senior Men 69kg Point Fighting 17 th – Senior Men 69kg Kick Light 9 th – Senior Men 69kg Light Contact

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Collage of Team Singapore Kickboxing training and competing overseas

SINGAPORE POLYTECHNIC CCA TRAINING CAMP

The federation held its very 1st inaugural National Youth Kickboxing Development Seminar at Singapore Polytechnic. There were over 80 participants over the 5-day training camp which saw national coach Nazri Sutari share kickboxing knowledge and skills.

A sparring session was conducted using the official SportData being used to simulate realistic competition environment.



Group photo with the training camp participants

SEMINARS AND WORKSHOPS

The federation organised the following seminars and workshops:

Seminar/Workshop	Date	Attendees
Kickboxing Rules Seminar	8 June	50 attendees
Light Contact Training	8 July	10 attendees
Kickboxing Rules Seminar	22 July	40 attendees
Point Fighting Training	5 August	10 attendees



Photo during the rules seminar

COMPETITION

The federation organised 2 competitions, garnering 40 athlete participation! The 27 August competition was the first time the competition was held using all 3 tatami disciplines (Point Fighting, Light Contact, Kick Light).

Competition	Date	Attendees
Kick Light Sparring Invitational	29 Jan	15 athletes
Singapore Kickboxing Invitational	27 Aug	25 athletes



Athletes competing in Kick Light discipline



Athletes competing in the Point Fighting discipline

INVITATION TO KOREA KICKBOXING CHAMPIONSHIP

The federation was honoured to receive an invitation from Korea Kickboxing Association to compete in the Korea Kickboxing Championship. Nazri put up a great fight, but lost to his Korean opponent.

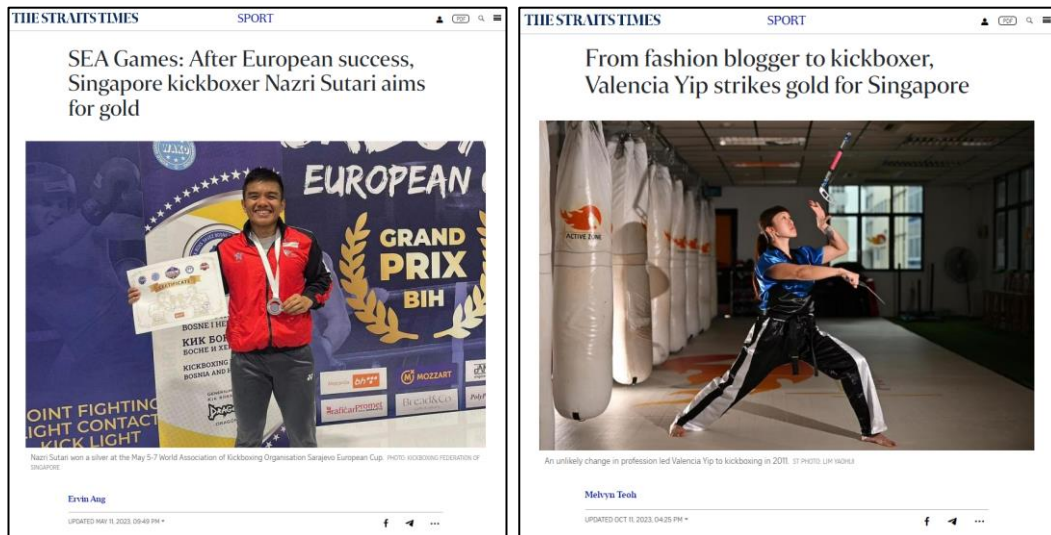


Coach Leigh Randall with athlete Nazri Sutari in Korea

MEDIA COVERAGE

The Association was privileged to have 12 stories published on prominent publications such as Straits Times and Mediacorp throughout the year.

STRAITS TIMES



Article published on 11 May and 11 October respectively

LIANHE ZAOBAO (CHINESE MEDIA)



Article published on 2 October

BERITA HARIAN (MALAY MEDIA)



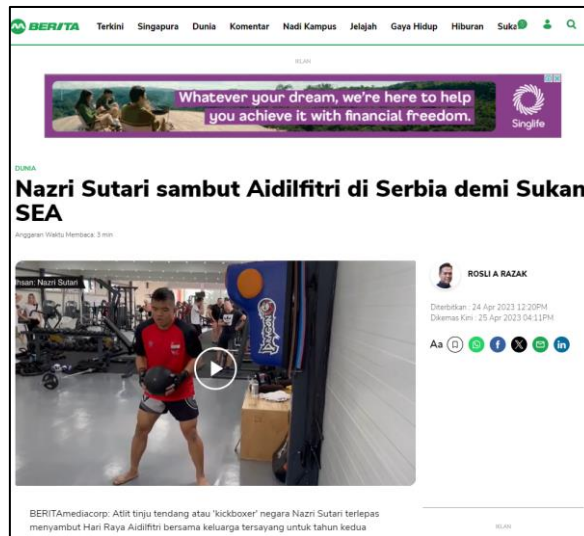
Article published on 12 May, 2 October and 24 October

MEDIACORP (CHINESE MEDIA)



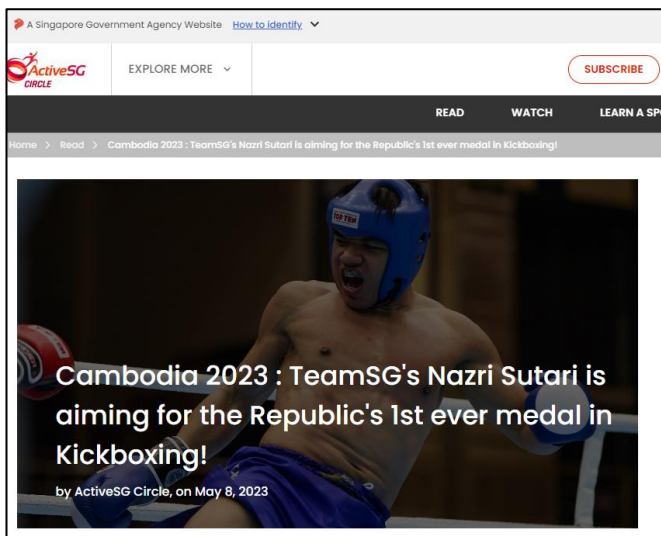
Article published on 6 April and 27 September respectively

MEDIACORP (MALAY MEDIA)



Article published on 24 April

MCCY AND SPORT SINGAPORE



Article published on 8 May and 11 May respectively

OTHER SPORT MEDIA – SPORTPLUS



Article published on 25 October

FUTURE PLANS

COMPETITIONS

The Association will be supporting its' athletes, coaches and technical officials in preparation and participation in overseas competition in 2024:

1. India Open International 2024
2. Yokoso Dutch Open 2024
3. Italian World Cup 2024
4. Turkish World Cup 2024
5. GB International Open 2024
6. Hungarian World Cup 2024
7. Uzbekistan World Cup 2024
8. Asian Indoor & Asian Martial Arts Games 2024
9. Asian Championships 2024

OTHERS

KFS' other primary focus for 2024 would include:

1. Increasing number of affiliate clubs
2. Build kickboxing clubs in tertiary institutions
3. Increase technical ability of athletes
4. Enhance technical capability of technical officials
5. Introduce more activities at grassroot level

FUNDRAISING AND EXPENDITURE PLANS FOR THE FOLLOWING YEAR

The Association plans to continue fundraising efforts through the following ways:

1. Online fundraising campaign
2. Appeal for donations from individuals, corporations and foundations
3. Fundraising events

The federation expects to incur minimal fundraising costs in support of the following fundraising activities.

GOVERNANCE

ROLE OF THE GOVERNING BOARD

The Board's role is to provide strategic direction and oversight of KFS's programmes and objectives and to steer the federation towards fulfilling its vision and mission through good governance.

CONFLICT OF INTEREST

All Board members and staff are required to comply with the federation's conflict of interest policy. The Board has put in place documented procedures for Board members and staff to declare actual or potential conflicts of interests on a regular and need-to basis.

Board members also abstain and do not participate in decision-making on matters where they have a conflict of interest.

CHARITIES GOVERNANCE EVALUATION CHECKLIST

In implementing good governance practices, the Association adopted best practices closely aligned to the principles in the Code of Governance for Charities and Institutions of Public Character ("Code"). In adhering to the Charity Council's requirements that all IPC's shall disclose the extent of their compliance with the Code, the Association's Governance Evaluation Checklist can be found on the Charity Portal Website www.charities.gov.sg.

BOARD

There was a total of two (2) Board meetings held during the financial year. The following sets out the individual Board member's attendance at the meetings:

Name	Position	Board Meetings	
		Attended	Not Attended
Jason Lim	President	2	0
Valencia Yip	Secretary	2	0
Joel Lye	Vice President	2	0
Jen Koh	Treasurer	2	0
Nazri Sutari	Board Member	2	0
Dr Soon Yuen	Board Member	0	2
Ambar Machfoedy	Board Member	1	1
Nazimah Aziz	Board Member	1	1
Norazilah Binte Mohamed Allfi	Board Member	2	0
Siva Kumar	Board Member	1	1

DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY BOARD

No Board members are remunerated for their Board services in the financial year.