

ANNUAL REPORT 2021



UEN: T18SS0133A



www.kickboxing.org.sg



info@kickboxing.org.sg

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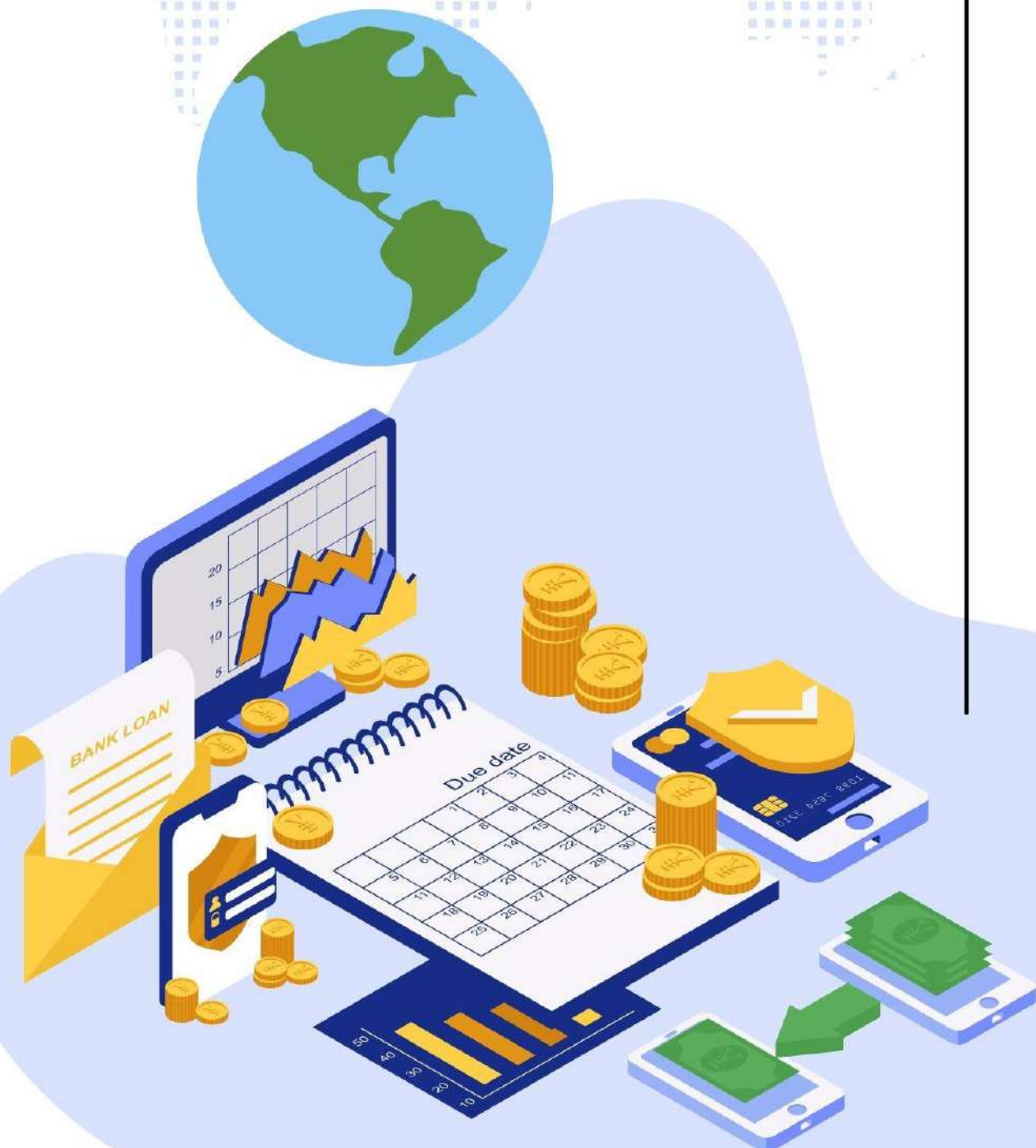
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INTERNATIONAL DEVELOPMENT

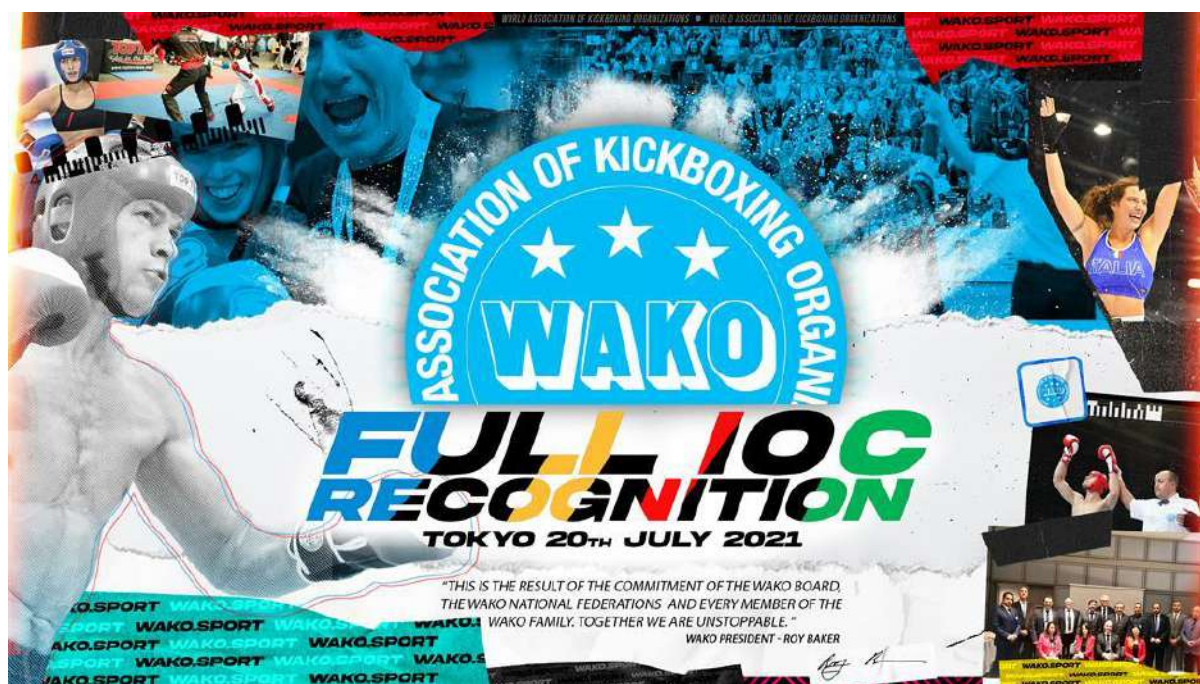


1. WAKO Granted Olympic Recognition

Date: 20 July 2021

During the 138th International Olympic Committee (IOC) session, held in Tokyo, Japan, WAKO was granted full IOC recognition, following the IOC Executive Board's recommendation.

WAKO's full IOC recognition is a monumental step towards lobbying for Kickboxing to be in the Olympic Games, in addition to other Major Games (Asia, Commonwealth, European).



WAKO's IOC full recognition



International
Olympic
Committee

The President

Mr Roy Baker
President
World Association of Kickboxing
Organizations (WAKO)
Via Alessandro Manzoni 18
20900 Monza
Italy

Tokyo, 20 July 2021

Dear Mr Baker,

During its meeting today in Tokyo, I am pleased to confirm that the 138th IOC Session granted full recognition to the World Association of Kickboxing Organizations (WAKO) pursuant to Rule 25 of the Olympic Charter.

This recognition acknowledges the work carried out by the WAKO to ensure the organisation and sport reflects the values of the Olympic Charter and Olympic Movement.

Please extend our congratulations on this significant achievement to your athletes, your National Federations and the WAKO family.

The Session also confirmed this recognition is based upon your federation continuing its involvement or becoming part of the International Testing Agency as anti-doping and the promotion and protection of clean athletes remain one of the Olympic Movement's main priorities.

Please note that the IOC Sports Director will remain at your disposal for any questions you may have in this respect.

The IOC looks forward to working in partnership with you for the benefits of your sport and your athletes.

Yours sincerely,



Maison Olympique, 1007 Lausanne, Switzerland | Tel. +41 21 621 6111 | Fax +41 21 621 6216 | www.IOC.org

Official letter from IOC President, Thomas Bach

Updates from WAKO – Acknowledge of Past Presidents

Acknowledgements of past Presidents Acknowledgements of past Presidents



MR ANDERSON



MR FALSONI



MR PELEVICH



**FORMER VP MR LEYER
RIP**

"I AM HONORED TO FOLLOW YOU"

RESPECTFULLY YOURS,
ROY BAKER
PRESIDENT WAKO

www.wako.sport

WAKO Future Activities 2023 – 2025

WAKO Future Activities 2023 - 2025

2023	Cadets & Juniors EC (All Disciplines), Izmir, Turkey;
2023	Senior WC (All Disciplines), Dublin, Ireland
2023	June 21. - July - 2. EUROPEAN GAMES, Krakow, Poland
2023	July 17.-20. EUSA Combat Games, Zagreb Croatia
2023	World Combat Games, Riyadh, Saudi Arabia
2024	Cadets & Juniors WC (All disciplines) in Hungary
2024	EUSA Games, Hungary
2024	Senior EC (All disciplines), Athens, Greece
2025	Senior WC (All Disciplines) (Tender)
2025	Cadets & Juniors EC (All Disciplines) (Tender)

2023 WILL BE BUSIEST YEAR IN OUR HISTORY

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WAKO Kickboxing across the globe



WAKO KICKBOXING

- Represented in 5 Continents
- 146 affiliated federations, still growing
 - Millions of practitioners
- 103 federations nationally recognised
- Approx 300 international events yearly
 - Extensive participation of women
 - Extensive participation of youths

www.wako.sport    

Global Adaptive Kickboxing Program



Adaptive Kickboxing Program
Specially designed for People with Parkinson's Disease ("PwPs")

Presented by:
• Mr. Jason Lim (President)
• Mr. Valencia Yip (Secretary)
• Mr. Joel Lyle (Treasurer)

Lead by: Kickboxing Federation of Singapore
Document designed in partnership with WAKO

Marketing Deck
For Adaptive Kickboxing Program

An excellent program developed, designed and promoted by WAKO Singapore.

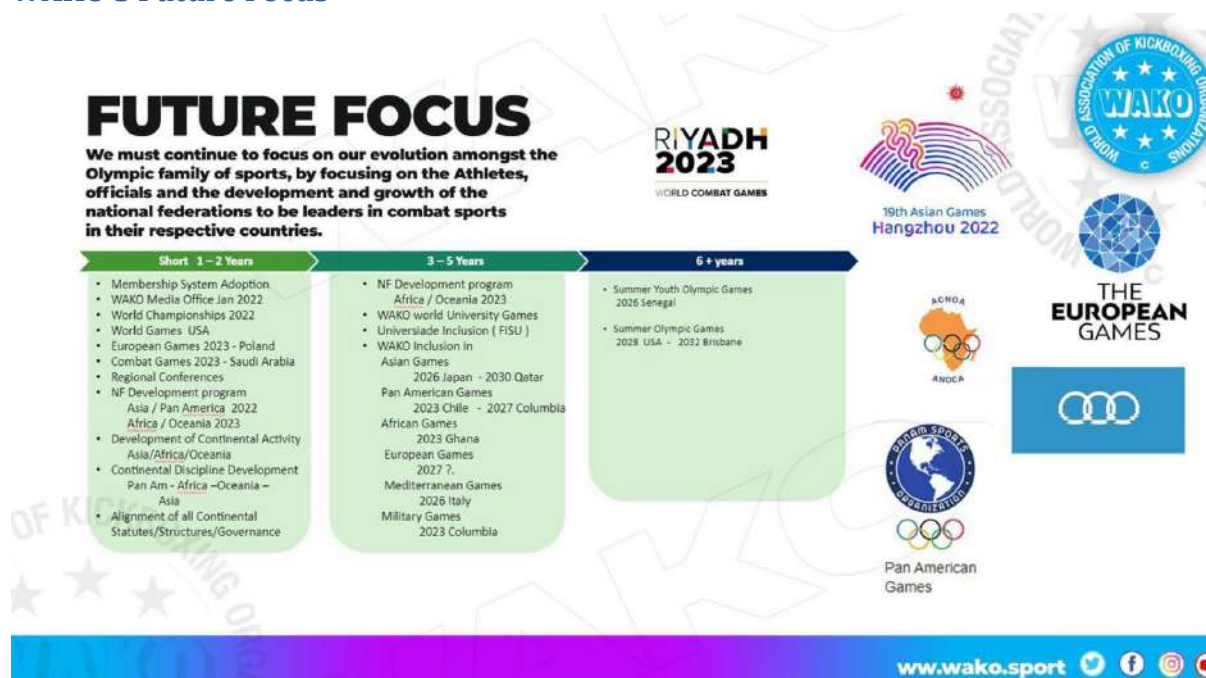
The design of the program are sent to all members and for you all to tailor to your needs.

It is all about social inclusion and WAKO recommend your NF to use material already produced.

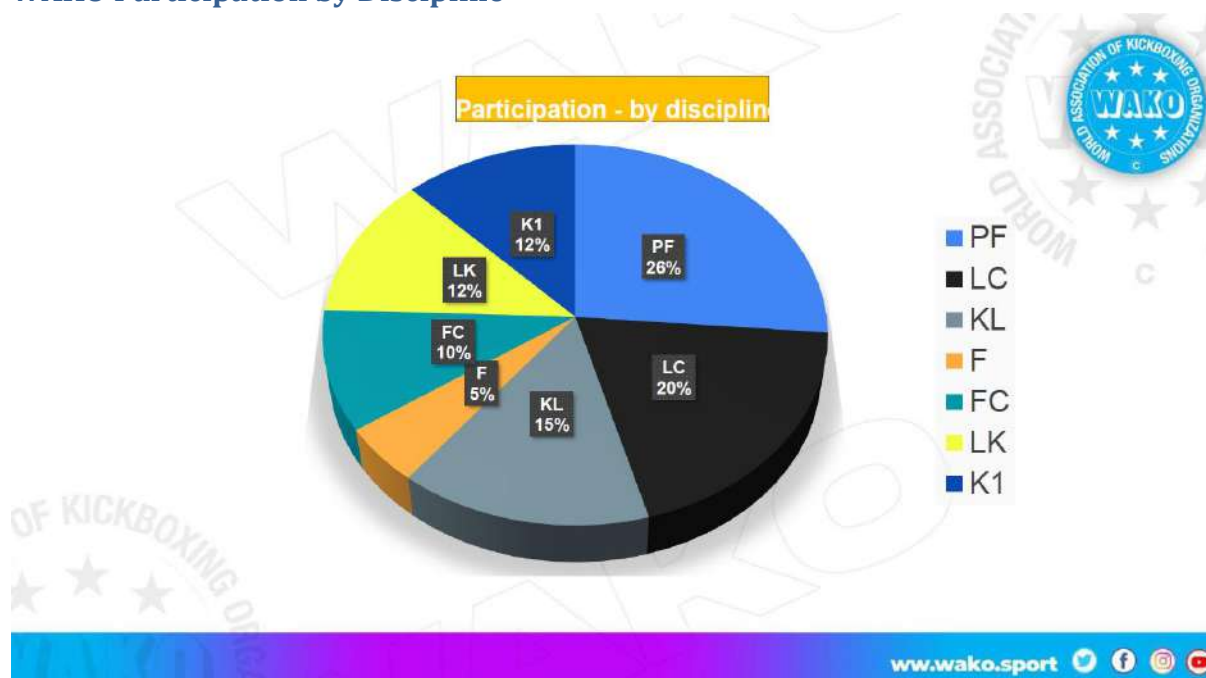
Thanks to WAKO Singapore and in particular Jason Lim, Valencia Yip and Joel Lyle.

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WAKO'S Future Focus



WAKO Participation by Discipline



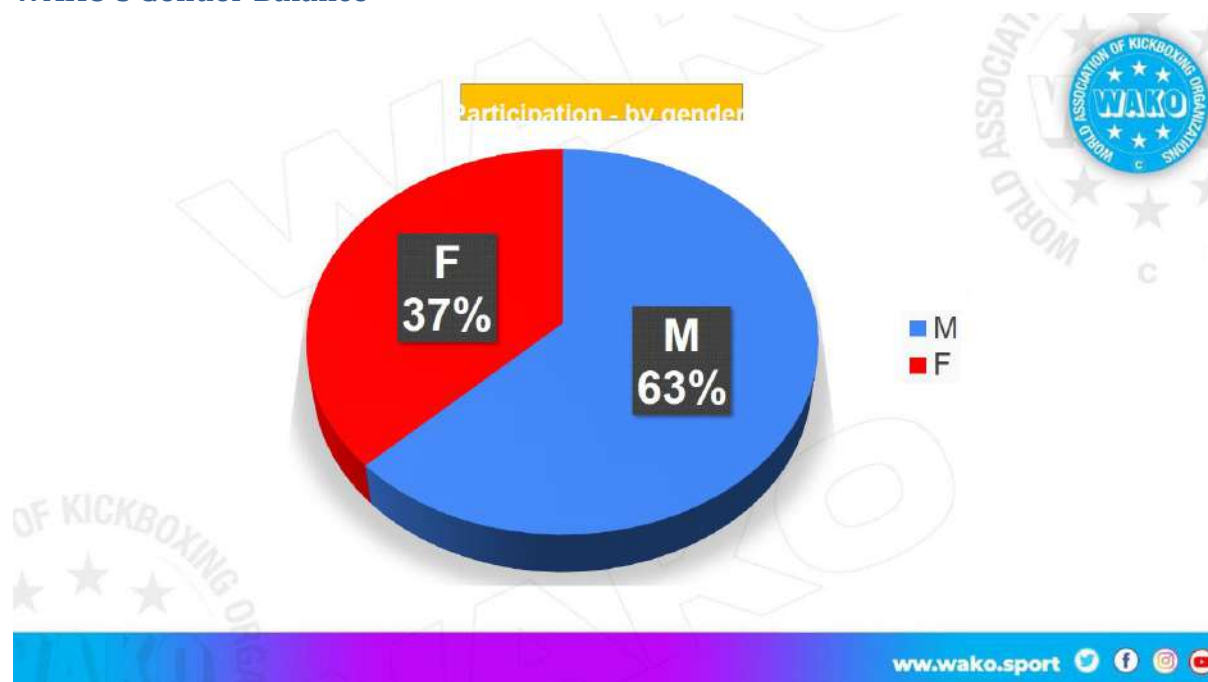
Tatami Sports (66% total)

- Point Fighting: **26%**
- Light Contact: **20%**
- Kick Light: **15%**
- Musical Forms: **5%**

Ring Sports (34% total)

- Full Contact: **10%**
- Low Kick: **12%**
- K1 Style: **12%**

WAKO's Gender Balance



Male participation: **63%**

Female participation: **37%**

2. Singapore's Nazri Selected for Inaugural WAKO GameChanger Program

WAKO GameChanger

Date: 22 April 2021

Nazri was honoured to be selected as 1 of 15 the inaugural WAKO GameChanger program. The WAKO GameChanger is a global leadership program which aims to grow and develop the next generation of WAKO leaders.



1st WAKO GameChanger Physical Meeting – Hungary

Date: 15 September 2021

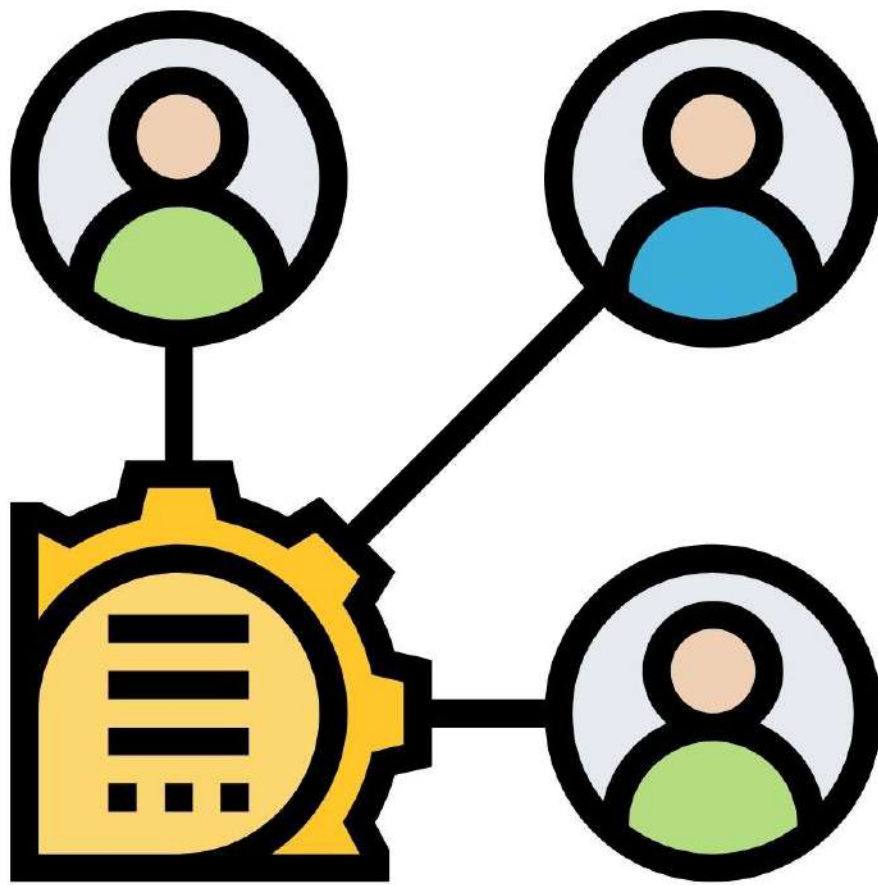
The second module in the WAKO GameChangers program was successfully organized on 15 September 2021 in Budapest, Hungary. This was the first physical module with 14 other great talents from the world.

During the first introductory module in June, the WAKO GameChangers were split into three teams, each with a different problem statement. During the physical meeting, Nazri presented his team's solution on how to increase participation in WAKO.

As part of the 1-day program, Nazri attended a lecture about good governance followed by a lecture from the IOC member from Hungary and former President of Hungary, Pál Schmitt, with a focus on sport and politics.



Nazri (2nd from left) with the WAKO GameChanger cohort and IOC member from Hungary and former President of Hungary, Pál Schmitt (center, wearing black blazer)



STAKEHOLDER ENGAGEMENT

3. New Relationship Manager (RM) from Sport Singapore

New RM for Kickboxing – Mr John Batista Kan

Date: 1st December 2021

We are extremely delighted to share that a new Relationship Manager (RM) from Sport Singapore (SportSG) has been assigned to our team.

Mr John Batista Kan will be supporting the Federation moving forward, in areas concerning:

1. Development of Kickboxing in Singapore
2. Activities, events and competitions
3. High performance development
4. Governance and strategy implementation
5. Major Games

We are extremely pleased to have such an outstanding RM guiding us moving forward, as John has years of experience in the Combat Sports industry, having held a portfolio for Singapore Silat Federation (SSF) previously.

The Federation will be working closely with John to grow the sport of Kickboxing in Singapore.

4. Engaging Singapore National Olympic Council (SNOC)

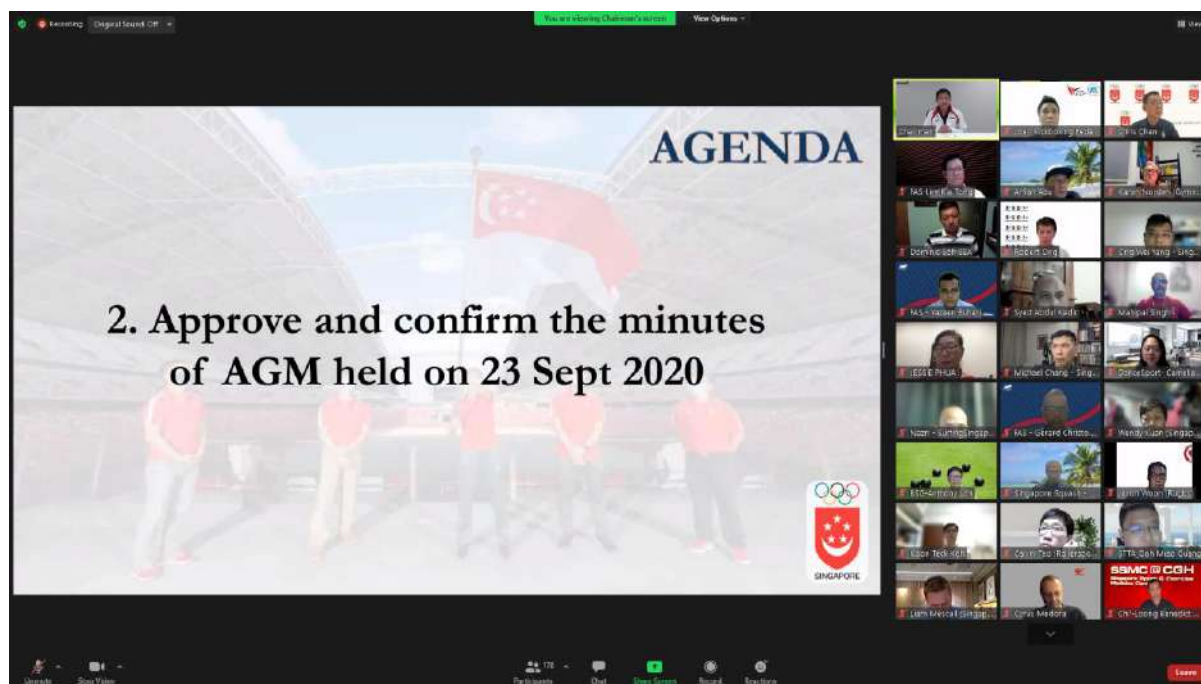
Participation in SNOC 2021 Annual General Meeting (AGM)

Date: Throughout 2021

We participated in the SNOC AGM held on 29 September 2021, via Zoom.

We would like to congratulate Dr Hing Siong Chen, Dr Koh Koon Teck and Dr Patrick Liew as they were elected as the NSA representatives of SNOC at the AGM. They will serve from 2021 to 2023.

We will be engaging with the newly elected NSA representatives to feedback and seek ways to improve the sporting ecosystem involving SNOC and SportSG.



SNOC AGM 2021

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LOCAL DEVELOPMENT



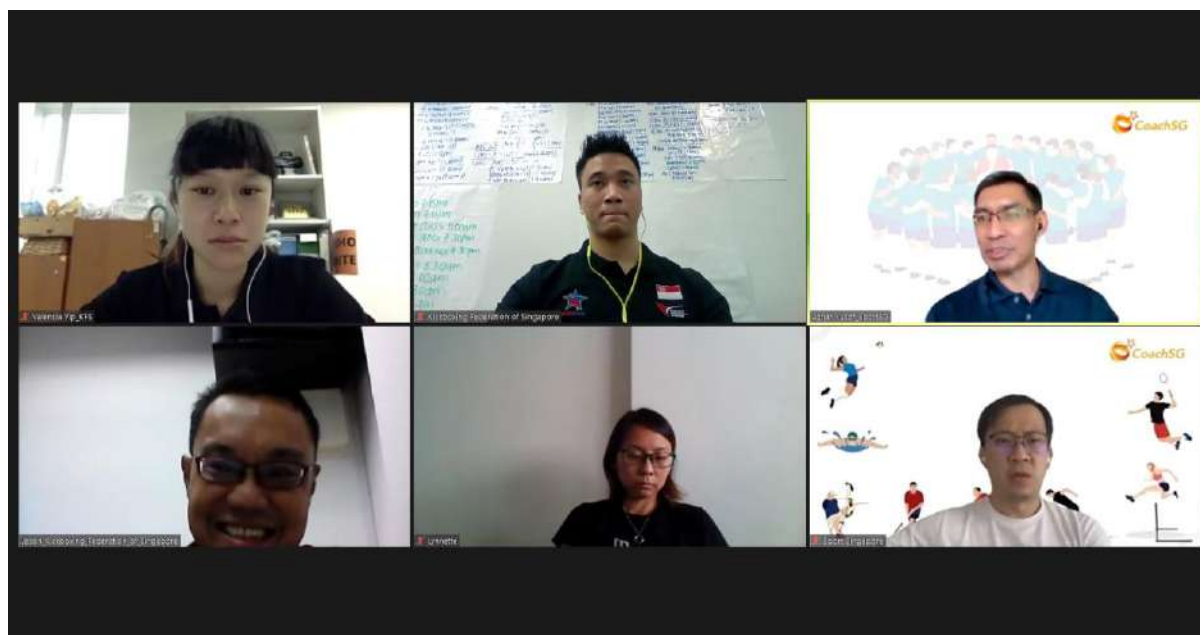
5. Development of Singapore Kickboxing Coach Education

Kickboxing Syllabus Development, following Coach SG Framework

Date: Throughout 2021

On 3rd December 2020, we met with the team from CoachSG, comprising of Azhar, Lynette and Yong Joo, to discuss about integrating the current CoachSG framework with our National Kickboxing Coach syllabus. The Technical Committee of the Federation is in the midst of implementing the framework.

In a similar vein, WAKO will be releasing a new Coaching framework in 2022. As such, the Technical Committee will await the release of WAKO's new framework, and look to implement both CoachSG and WAKO's framework in a single syllabus.



Zoom Meeting with CoachSG (dated 3 December 2020)

Advice from Dr Sheik Alau'ddin

Dr Sheik Alau'ddin is a Singapore Silat Legend and current CEO of Singapore Silat Federation. SSF is an established National Sports Association (NSA), and one of the top Combat Sports in Singapore. SSF has grown the sport of Silat to have high participation numbers – estimate of 20,000 practitioners in Singapore; and an established stable of high performing athletes – 10% of total SPEX Scholars¹ are Silat exponents.

With SSF being so successful, we learn and implement best practices from Dr Sheik to implement into our Federation.

We meet with Dr Sheik on a quarterly basis (at times monthly), to seek his advice on all areas regarding the running of an NSA.



With Dr Sheik Alau'ddin

¹ <https://circle.myactivesg.com/circle-news/media-releases/8-new-names-are-included-in-2021-spexscholarship-programme-as-team-singapore-athletes-continue-to-receive-full-support>

6. Building Singapore's National Kickboxing Team

Date: Throughout 2021

2021 has been a turbulent year with many restrictions imposed on the fitness and sports industry². In spite of the restrictions, our athletes have shown their resilience in continuing to train for the 2021 WAKO World Championships, to be held in Jesolo, Italy.

We formed a team of 2 athletes, comprising of Loh Kain Kai (also known as Bruce) and Muhammad Nazri Bin Sutari, to represent Singapore at the 2021 World Championships.

Both Bruce and Nazri performed well for their international outings, having achieved personal bests and top in Asia for selected disciplines.



Image credit: Straits Times – NG SOR LUAN

² Phase 2 Heightened Alert (P2HA) – from 16 May to 13 June, Return to P2HA – from 22 July to 18 Aug and Stabilisation Phase – from 27 September to 21 November.

Kickboxing Technical Development

Date: 20 September to 15 October

With the full support of WAKO Kickboxing President, Mr. Roy Baker recommended and connected Singapore with WAKO Serbia, a top country in the sport of Kickboxing in Ring Sports. Over the years, Serbia has produced multiple Kickboxing Champions.

From the period 20 September to 12 October 2021, Singapore engaged the services of Aleksandar Topic and Milos Milutinov, the top Kickboxing Coaches in Ring Sports in the entire world (for Low Kick, Full Contact and K1 discipline). Both Aleksandar Topic and Milos Milutinov are athlete-turned-coaches, who have jointly trained and built multiple World Champions since 2013. Their contributions to their nation, Serbia, was recognised by the late WAKO President, Dr. Borislav Pelevic, in 2017.

Nazri was able to learn from both Aleksandar and Milos vital kickboxing technique and skills, which are key to improving the high performance for Singapore.



Aleksandar Topic (left) and Nazri (right)



Milos Milutinov (left) and Nazri (right)



Bruce (left) and Aleksandar Topic (right)

7. SEA Games 2022 Applications

Date: 30 December 2021 to 6 January 2022

On 30 December 2021, we opened the application for SEA Games 2022 selection, to offer opportunities for our affiliate clubs and potential athletes to represent the nation at the upcoming SEA Games in Hanoi, Vietnam.



**APPLICATION FOR SEA
GAMES 2022 SELECTION**

Submit your application via GoogleForm:



Applications close **6 January 2022**

Kindly ensure that you meet all criteria stated in the
KFS 2022 SEA Games Selection Policy before applying

For more details, visit: www.kickboxing.org.sg/selection-policy.html

Open for Affiliate Clubs only | Interested clubs may apply for affiliation

Contact us at info@kickboxing.org.sg for further assistance

Applications for SEA Games 2022 Selection

8. Digital Content for Active SG Circle

Combat Collection – A collection of 4 Combat Sports

Date: May to December 2021

Kickboxing Federation of Singapore was involved in the production of Combat Collection, a content-based project focusing on 4 Combat Sports – Kickboxing, Boxing, Fencing and Silat.

A series of 12 videos have been produced with the goal of lowering the barrier of entry into the sport of Kickboxing. Technical development content has been curated for intermediate to advance level kickboxing practitioners seeking to improve their skill level.

Out of the 12 videos, 1 of it will be an inspirational video, focused on Nazri's journey as a Kickboxing athlete and how he overcame life challenges such as obesity and near-depression to become the republic's leading Kickboxer. This inspirational video aims to inspire and motivate new generation of athletes who are interested to enter the foray of Kickboxing. It also aims to motivate existing athletes, in whichever sports, to continue pursuing their passions despite the pandemic.

These videos will be uploaded on ActiveSG Circle, free-to-view, in early 2022.



Combat Collection – Kickboxing



Combat Collection – Kickboxing (Inspirational video)

9. National Seminars and Programs for Singapore

Kickboxing Rules Briefing Seminar #1

Date: 8 May 2021

Although 2021 was a turbulent year, the Federation conducted more seminars than ever before. The Kickboxing Rules Briefing Seminar was an online seminar we conduct for the Kickboxing fraternity, to educate them on the new WAKO rules, which was in force since 1 January 2021.



KICKBOXING RULES BRIEFING

Date : Sat, 8 May 2021 *NEW DATE

Time : 2:30pm - 4pm

**Venue : 47 Beach Road, Level 1
Singapore 189683**

KEY UPDATES:

- New important changes/ updates to WAKO Kickboxing Rules
- Competition Calendar for 2021

7 Rulesets under WAKO

3 Ring Sports

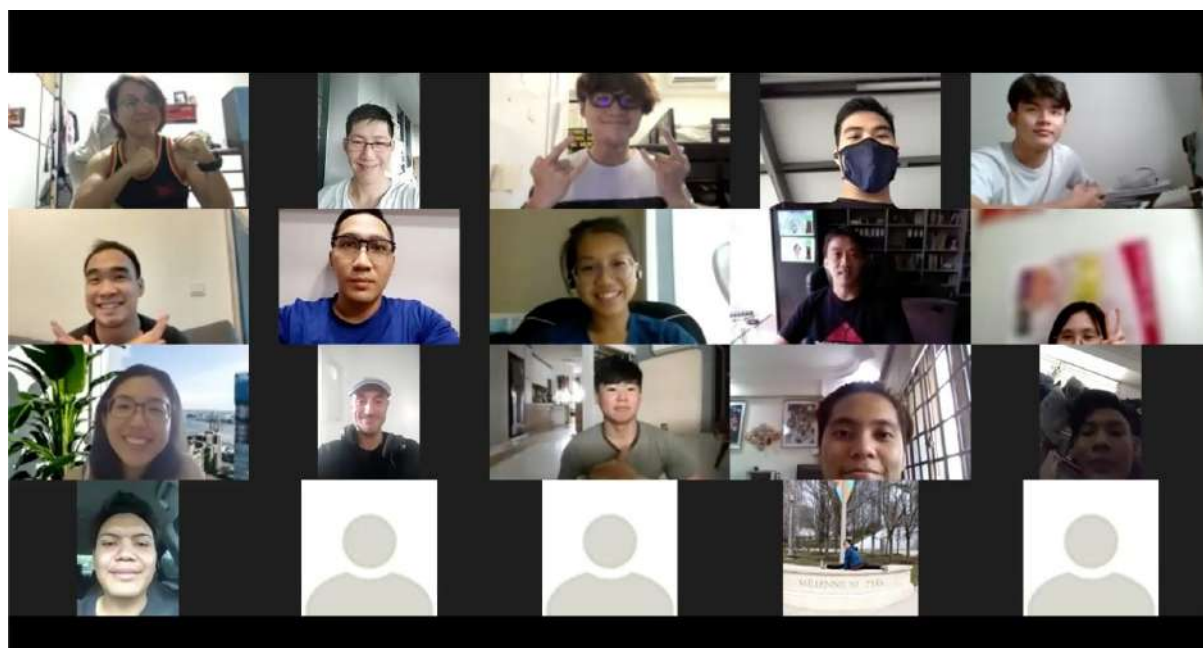
- Full Contact
- Low Kick
- K-1 Rules

4 Mat Sport Styles

- Point Fighting
- Light Contact
- Kick Light
- Musical Forms

ORGANISED BY:                   

Kickboxing Rules Briefing Seminar – 8 May 2021



Participants of the Kickboxing Rules Briefing Seminar – 8 May 2021

Kickboxing Rules Briefing Seminar #2

Date: 8 July 2021

As Singapore was slowly exiting from tightened restrictions (in force from May and June), we conducted the second Kickboxing Rules and Competition Briefing Seminar with a focus on acquainting new members with the WAKO rulesets in addition to the processes involved in registering for competitions (sign up as club member, register athletes, medical check).

KICKBOXING RULES & COMPETITION BRIEFING

Date : Thu, 8 July 2021
Time : 2pm - 3:30pm
Venue : Briefing held virtually via Zoom

 ← **TATAMI SPORTS**

KEY UPDATES:

- Welcoming more on-site LIVE competitions from mid July to Aug
- New Important changes/ updates to WAKO Kickboxing Rules

SUITABLE IF YOU HAVE ANY OF THESE MARTIAL ARTS BACKGROUND


KARATE


JUDO


SILAT


MMA


MUAY THAI


SANDA


SAVATE



ORGANISED BY



MEMBER OF



RECOGNISED BY



APPAREL PARTNER



AFFILIATED WITH



Kickboxing Rules and Competition Briefing Seminar – 8 July 2021

Kickboxing Rules Briefing Seminar #3

Date: 18 July 2021

For our Singapore Kickboxing League in 7 & 8 August, we had the support of Active Enabler Program (AEP), an initiative by Sport Singapore to promote sports during Singapore's birthday season (August). The 3rd Kickboxing Rules and Competition Briefing Seminar focused on familiarizing competition participants on the Kick Light ruleset, as that was the selected discipline we chose to focus on.

The event had to be cancelled eventually as Singapore announced a Return to Phase 2 Heightened Alert (P2HA) from 22 July to 18 August, which saw tightened restrictions which left us unable to execute the competition as planned.



Kickboxing Rules and Competition Briefing Seminar Poster – 22 July 2021

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Kickboxing Rules Briefing Seminar #4

Date: 28 August 2021

With the easing of tightened restrictions from 18 August 2021, we had planned for 1 final competition before 2021 ends, in September or October, subject to government measures. We conducted the 4th seminar on 28 August to educate and promote the development of Kickboxing.

Our remaining competition plans for 2021 had to be cancelled due to the tightened measures announced by Singapore from 27 September to 22 Nov.



Kickboxing Rules and Competition Briefing Seminar Poster – 28 Aug 2021

National Level Tatami Development Seminar – 6-part Seminar

Date: 21 August to 9 October 2021

70% of WAKO's participation stem Tatami practitioners. This highlights the tremendous potential for Singapore's growth in Tatami. Under the direction of WAKO President Roy Baker, we collaborated with Brian Beck, Tatami Committee Chairman, to run a 6-series seminar for the kickboxing fraternity.

Part 1 of the seminars were targeted for the coaches and athletes, with the aim of educating them the needs (in reference to the WAKO Rulesets) they need to take note of and adhere to.

Part 2 of the seminars were targeted for the judges and referees, with explanation of rulesets in detail.



**NATIONAL LEVEL
TATAMI DEVELOPMENT SEMINAR**

By: Mr Brian Beck, Chairman of WAKO IF
Referee Committee Tatami Sports

6 Seminars over 6 Saturdays | Affiliate Club Members only

Price: \$55 for 6 seminars (\$9.15 per seminar)
Location: Held virtually via Zoom

21 Aug : 2pm - 4pm	KICK LIGHT (Part 1)	
4 Sep : 2pm - 4pm	KICK LIGHT (Part 2)	
11 Sep : 2pm - 4pm	LIGHT CONTACT (Part 1)	
25 Sep : 2pm - 4pm	LIGHT CONTACT (Part 2)	
2 Oct : 2pm - 6pm	POINT FIGHTING & MUSICAL FORMS (Part 1)	
9 Oct : 2pm - 6pm	POINT FIGHTING & MUSICAL FORMS (Part 2)	

For Affiliate clubs only

Organizer: Kickboxing Federation of Singapore
In collaboration with: Asian Kickboxing Confederation
Affiliated Member of: WAKO
In Support of Sport Promotion: Sport SINGAPORE
Equipment Partner: ASLAN SPORTS
Official Competition Equipment: TOPTEN
Apparel Partner: KICKBOXING

AFFILIATIONS

International Federation of Muaythai Associations (IFMA)
Asian Kickboxing Confederation
WAKO
Olympic Council of Asia
GAISF
WORLD ANTI-DOPING AGENCY (WADA)
AIMS
FISU

National Level Tatami Development Seminar Poster – 21 Aug to 9 Oct 2021

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National Level Tatami Development Seminar – Kick Light



National Level Tatami
Development Seminar

Kick Light

Part 1 and 2

with Mr Brian Beck

Part 1: Sat, 21 Aug | 2pm - 4pm
Part 2: Sat, 4 Sep | 2pm - 4pm

Price: \$55 for 6 seminars
Location: Held virtually via Zoom

***Interested to join but not a member? Apply to be an affiliate club via email to info@kickboxing.org.sg**

Organizer 	In collaboration with 	In Support of Sport Promotion 	Equipment Partner 	Official Competition Equipment 	Apparel Partner 
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AFFILIATIONS

								
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Promotional poster for the Kick Light seminar (part 1 and 2)

National Level Tatami Development Seminar – Light Contact



National Level Tatami
Development Seminar

Light Contact

Part 1 and 2

with Mr Brian Beck

Part 1: Sat, 11 Sep | 2pm - 4pm
Part 2: Sat, 25 Sep | 2pm - 4pm

Price: \$55 for 6 seminars
Location: Held virtually via Zoom

***Interested to join but not a member? Apply to be an affiliate club via email to Info@kickboxing.org.sg**

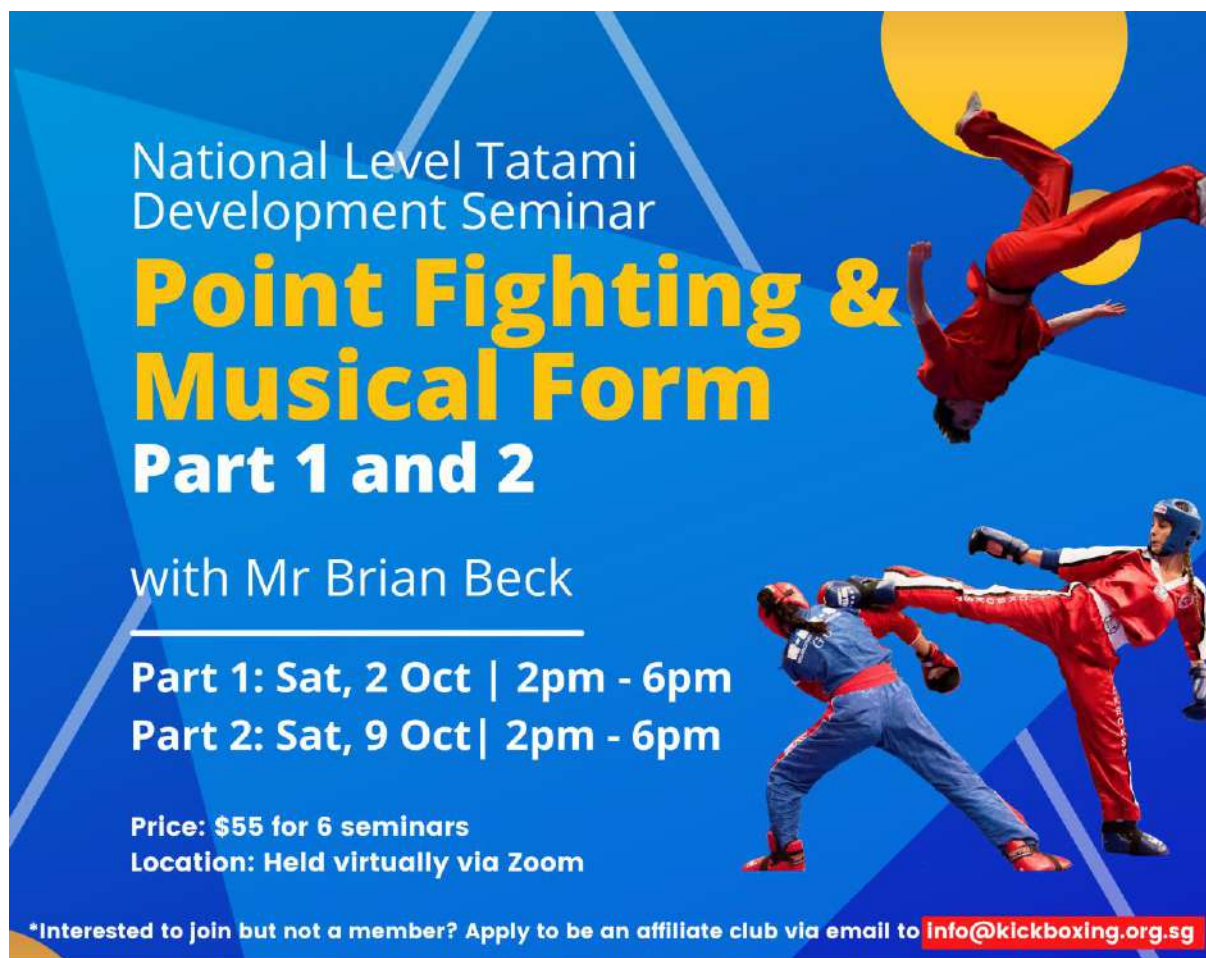
Organizer 	In collaboration with 	In Support of Sport Promotion 	Equipment Partner 	Official Competition Equipment 	Apparel Partner 
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AFFILIATIONS

								
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Promotional poster for the Light Contact seminar (part 1 and 2)

National Level Tatami Development Seminar – Musical Forms



National Level Tatami
Development Seminar

Point Fighting & Musical Form

Part 1 and 2

with Mr Brian Beck

Part 1: Sat, 2 Oct | 2pm - 6pm
Part 2: Sat, 9 Oct | 2pm - 6pm

Price: \$55 for 6 seminars
Location: Held virtually via Zoom

*Interested to join but not a member? Apply to be an affiliate club via email to Info@kickboxing.org.sg

Organizer 	In collaboration with 	In Support of Sport SINGAPORE 	Equipment Partner 	Official Competition Equipment 	Apparel Partner 
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AFFILIATIONS

								
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Promotional poster for the Musical Forms seminar (part 1 and 2)

10. Kickboxing as a sport for competition in Youth

Youth Program

Date: Since Nov 2020

Kickboxing Federation of Singapore was involved in training 3 youths, Carman, Julie and Alina, all aged 22 years old, competitively with the objective of grooming her for future kickboxing competitions.



Kickboxing Youth Program 2020

Partnership with Southpaw Kickboxing and Boxing Club at UWCSEA (East)

Date: 10 December 2021

As part of the Federation's strategy to increase participation levels in the sport of Kickboxing, we worked with our affiliate club, Southpaw Boxing and Kickboxing Club, which runs a boxing and kickboxing program in UWCSEA (East).

We had the amazing opportunity to share kickboxing knowledge to its children and youth, aged 8 until 16. We will be working with Southpaw Boxing and Kickboxing club to run more activities and programs at UWCSEA (East).



11. Community Outreach

Kickboxing for Peace

Date: 4 October to 4 December 2021

Kickboxing for Peace was initiated by Secretary Valencia Yip. It is designed to be a social project which aims to build up young Life Champions by offering Kickboxing to the socially vulnerable kids and youth in our society. The goal is to equip them with the necessary soft skills to become champions in life.

Granting them access to sport, they can build healthy self-esteem, build character and develop lifelong soft skills.

The initial program run saw 8 participants who benefited positively from the program. The participants remarked to have attained greater resilience, more positive outlook on life and greater enjoyment in sports.

The chairman of WAKO Women in Sport Committee, Ms Katarzyna Kociszewska and WAKO 1st Vice President, Espen Lund, showed great interest in the project. They requested us to keep them informed of the project and results.



Valencia Yip (center) leading the Kickboxing for Peace program



Participants during the Kickboxing for Peace program

Brighton Connection – Youth Outreach

Date: 27 November 2021

As part of the Federation's outreach strategies, we conducted a kickboxing session on in conjunction with Brighton Connection Youth Launch event day!

The participants were youth from lower-income households, who participated actively in a lively and spirited fashion. We are glad to be making an impact at the community and the grassroots level



Participants learning the basics of Kickboxing



Participants Kickboxing with equipment

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12. Sports for All

Kickboxing as Sports for All – Special Population

Date: since 2017 (5 years running)

Since initiating the program in 2017, the number of classes has doubled from only 1, to now 2 classes per week.

As the participants see the physical and mental benefits of kickboxing, this spurred the growth of the program and has become one of the most popular programs offered by Parkinson Society Singapore.



Weekly Parkinson Kickboxing Classes reaches out to 2 classes, nearly 30 pax per week

13. Technical Development (Coach & Athlete)

WAKO IF Referee and Rules Seminar

Date: 4th July 2021

We were privileged to attend the WAKO IF International Tatami Refereeing Course, in addition to other online courses organised by WAKO. Such courses include:

- WAKO International Tatami Refereeing Course
- WAKO International Ring Refereeing Course
- WAKO International Ring Rules Course
- WAKO International Tatami Rules Course



WAKO Seminar posters

EVENTS



14. Singapore Kickboxing League 2021

Brief Introduction

Date: 7 – 8 August 2021

We had plans to organise the inaugural Singapore Kickboxing League, which a grassroots-level competition for amateur athletes, with the aim of providing more competition opportunities to athletes and develop their skills in the sport of Kickboxing.

The original date was 7 to 8 August, in conjunction with the Active Enabler Program (AEP), in support of sport promotion during the National Day weekend.

However, in light of the Return to Phase 2 Heightened Alert (P2HA), we had to cancel the event.



Singapore Kickboxing League 2021 Poster

15. Singapore Kickboxing Festival

Virtual Kickboxing Event with a Social Cause

Date: 14 August 2021

In light of the Return to Phase 2 Heightened Alert (P2HA) and tightened restrictions announced by Singapore, we pivoted the Singapore Kickboxing League into a virtual fitness festival called Singapore Kickboxing Festival with the focus on virtual engagement.

Collaborating with 3 charities (Parkinson Society Singapore, Stroke Support Station and National Cancer Center Singapore), we sought to raise funds for them through online ticket sales, which will grant participants access to participate in all 4 of our virtual kickboxing programs. 100% of ticket sales were distributed equally to each of the 3 charities.

This event was part of the Active Enabler Program (AEP), held in conjunction with GetActive! Singapore and support by Our SG Fund.



Singapore Kickboxing Festival 2021 poster

2021 Annual Report

47 Beach Road, #03-03 Kheng Chiu Building, Singapore 189683

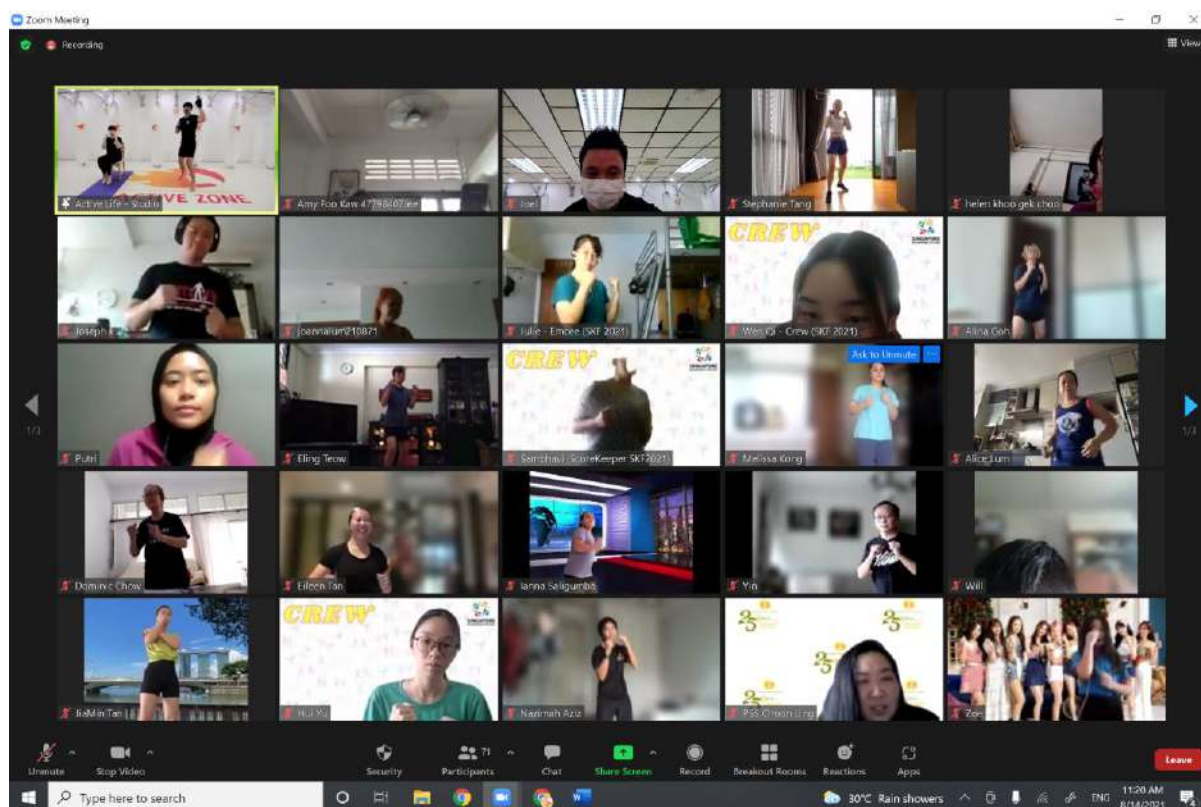
Website: www.kickboxing.org.sg | Email: info@kickboxing.org.sg

200 Participants

The virtual event saw 200 participants in the event, with a total of \$1,209.30 raised. We would like to thank all partners, sponsors and participants for making this event a great success!



Total amount raised from Singapore Kickboxing Festival 2021



Participants at the Singapore Kickboxing Festival

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Website: www.kickboxing.org.sg | Email: info@kickboxing.org.sg

Record set for Largest Mass Online Kickboxing Session

We were privileged to set the record for Largest Mass Online Kickboxing Session, adjudicated by Singapore Book of Records (SBOR). We would like to thank all our partners and volunteers for contributing to this amazing achievement and for their strong support.

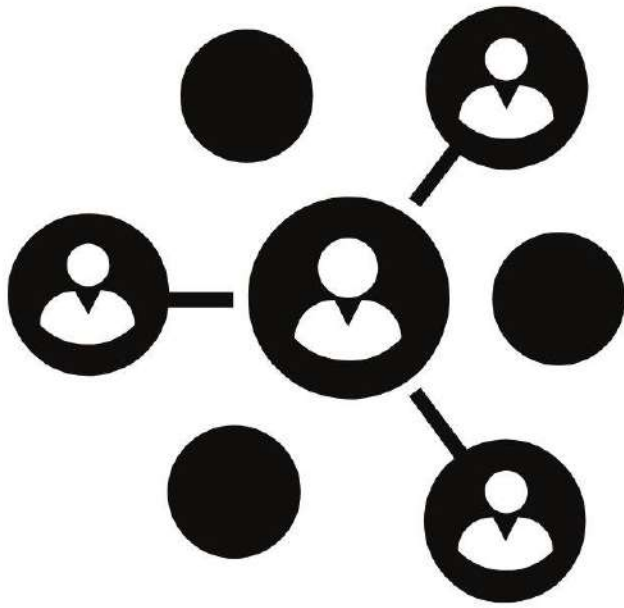


Record given by SBOR for Largest Mass Online Kickboxing Session

2021 Annual Report

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Website: www.kickboxing.org.sg | Email: info@kickboxing.org.sg



BUILDING RELATIONS

16. Building Local Relations in Singapore

Building Relations with Singapore Muay Thai Federation (SMF)

Date: September and October 2021

We connected with Singapore Muay Thai Federation (SMF) and establish good working relations with them. Robert Yap, Singapore Muay Thai National Coach, provided training for Nazri in preparation for his World Championship campaign.



With Robert Yap, Singapore Muay Thai Federation National Coach

Building Relations with President of Singapore Muay Thai Federation (SMF)

Date: 23 September 2021

We connected with Singapore Muay Thai Federation (SMF) President, Clement Ong to present a token of appreciation for his support in providing additional training services to Nazri. With the similarity between Muay Thai and Kickboxing, we can leverage on the dynamics to collaborate in training and competition opportunities.



From left to right: Valencia Yip, Jason Lim, Clement Ong, Joel Lye

Building Relations with SNOC NSA Representative and Singapore Cycling Federation, Dr Hing Siong Chen

Date: 9 September 2021

We connected with Singapore Cycling Federation (SCF) President, Dr Siong to touchbase and learn from him. SCF started out as a small federation with no financial or in-kind support from Sport Singapore. After many years of hard work, SCF has grown to become an established NSA, producing local grown talent and achieving high participation in the cycling fraternity.

We view ourselves to be like SCF in the initial years, learning strategies that we can implement to follow their footsteps.



Dr Siong (top right)

17. Building Foreign Relations Across Countries

We are in touch with various countries, learning from them and identifying areas of opportunities to further develop and improve the sport of Kickboxing in Singapore. We are deeply thankful to be able to meet the leaders of WAKO in the various regions to establish and build good relations.

Building Relations President of WAKO, Mr Roy Baker

Date: Since October 2019

We have been in touch with Mr Roy Baker, newly elected President of WAKO in Feb 2019 and have since been working together to strengthen policies, expand on ideas and stay abreast of global issues related to Kickboxing.

WAKO IF had planned to organise the 1st Asia WAKO Conference in June 2021. However, it had to be postponed due to the COVID-19 pandemic.



With Mr Roy Baker (left) and Espen Lund (right) at the 2021 World Championship in Jesolo Italy

Building Relations with Vice President of WAKO, Mr Espen Lund

Date: Since October 2019

Mr Espen Lund is the Vice President of WAKO, and also the chairman of the WAKO Development Committee.

We have been working closely with Espen to integrate SportSG's 'VISION2030' – Live Better Through Sport. The key area we have been working on, is to expand Kickboxing into the Special Population and Senior demographics of Singapore.

In addition, we have the honour to be part of the WAKO Development Committee to design and implement the '**Adaptive Kickboxing Program**' which will reach to all 125 affiliated nations of WAKO.



With Mr Espen Lund, at the 2021 WAKO World Championships in Jesolo, Italy

Building Relations with President of Korea Kickboxing Association

Date: 18 October 2021

Mr Kim Jong-Min is the new president of Korea Kickboxing Association (KKA). Topics discussed included bi-lateral relations in support of each country's kickboxing competitions and programs. KKA will be looking to organise international open tournaments, in which we can participate and grow our athletes.



Joel Lye and Kim Jong-Min (right)

Building Relations with Pengurus Pusat Association of Kickboxing Indonesia (PPKBI)

Date: 23 October 2021

Mr Mustadi Imelda is in charge of the Referee and Judge capability in Indonesia. Topics discussed were inter-country collaboration to build technical capability in both countries, leveraging on each other's resources to develop the sport in the Southeast Asia region. With Indonesia being one of Singapore's closest neighbour, it is important to partner with them as they can provide important competitive outlets and development seminars.



Joel Lye (left) and Mustadi Imelda (right)

Building Relations with WAKO Bahrain

Date: 23 October 2021

Mr Ahmed Alwazzan is the president of Bahrain Kickboxing Federation (BKF). BKF is an extension of Bahrain Combat Sports Council (BCSC) which is the national council that oversees all combat sports in Bahrain. This will open exciting opportunities to collaborate with Bahrain for competition and technical development in the Middle East region.



Joel Lye (left) and Ahmed Alwazzan (right)

Building Relations with United Arab Emirates

Date: 18 October 2021

Mr Tareq Al Mheiri is the Executive Director and Board Member of U.A.E Muay Thai & Kickboxing Federation. The United Arab Emirates (UAE) is a fast-growing region in the Middle East which is slowly rising to become a powerhouse in Kickboxing. It has organised several WAKO Pro competitions, attracting top kickboxing talents from across the globe.

Tareq has extended an invitation to participate in UAE's WAKO Pro tournaments. This will help grow the Federation's career pathway for aspiring athletes desiring to make Kickboxing a career.



Tareq Al Mheiri (left) and Joel Lye (right)

Building Relations with India

Date: 20 October 2021

Mr Santosh Agrawal is the president of WAKO India Kickboxing Federation (WAKO India). India has one of the highest participation numbers amongst Asia, each national competition raking in hundreds to a thousand over competitors. India is a valuable partner in our region, as we can learn best practices from them to grow both the high participation and technical pathway.



Joel Lye (left) and Santosh Agrawal (right)

Building Relations with Jordan

Date: 23 October 2021

Mr Essa Abu Nasser is the head coach of Jordan Kickboxing Association (JKA). JKA is one of the powerhouse countries in Asia with a strong team of athletes. They have won many medals in prestigious competitions, such as 2017 Asian Indoor and Martial Arts Games (AIMAG) and 2018 Asian Championships. As a fellow country in Asia, they are partners in sport as we look to developing our high performance to be on par with Asian level.



Joel Lye (left) with Essa Abu Nasser (right)

Building Relations with Morocco

Date: 18 October 2021

Mr El Hilali Abdelkrim is the president of Federation Royale Maroquaine F.C. et KB, the WAKO-affiliated kickboxing federation in Morocco. In addition, Hilali is the Vice President for WAKO Mediterranean Organization (WMO), newly set up in 2021. Morocco is known for its strength in the Ring discipline of WAKO (Low Kick, Full Contact and K1 Style). We will be engaging with Hilali to learn best practices from Morocco and ways to strengthen the Ring discipline standards of our athletes.



El Hilali Abdelkrim (left) and Joel Lye (right)

Building Relations with Algeria

Date: 18 October 2021

Mr Abdelkader Ben Bahi Rachid is the president of Federation Algerienne de Full Contact Kickboxing et DA, the WAKO-affiliated kickboxing federation of Algeria. Algeria is a developing nation in Kickboxing.



Joel Lye (left) and Abdelkader Ben Bahi Rachid (right)

Building Relations with Palestine and Israel

Date: 18 October 2021

Mr Nizar Taleb is the president of Palestine Kickboxing Federation. Mr Hani Sachs is the president for Israel All Style Kickboxing Federation (WAKO Israel) and the Vice President for WAKO Mediterranean Organization. Both countries are established federations with accomplished athletes. Despite Israel's small population (approx 8.8 million³), it has the ability to produce world champions. Palestine also has a small population (approx 5.2 million⁴) yet are able to produce Asian champions.

We will be learning from both countries as Singapore has a population profile similar to Israel and Palestine.



Mr Hani Sachs (1st from left) and Mr Nizar Taleb (2nd from left)

³ <https://www.worldometers.info/world-population/israel-population/>

⁴ <https://www.worldometers.info/world-population/state-of-palestine-population/>

Building Relations with Great Britain

Date: 21 October 2021

Mr Peter Edwards is the president of WAKO Great Britain (WAKO GB) and Mr Neville Wray is a renowned kickboxing legend and pioneer. Britain has a thriving Kickboxing culture renowned for its strength in the Tatami disciplines (Kick Light, Light Contact, Point Fighting and Musical Forms). WAKO GB has produced 14-time World Champion, Elijah Everill⁵ and 8-time Musical Form World Champion, Ashley Beck⁶, who is now a Hollywood stuntman for major blockbuster films.

WAKO GB is highly supportive towards Singapore's development in Tatami discipline, and has initiated potential training and development opportunities in Singapore by sending Elijah in the near future.



From left to right: Peter Edwards, Joel Lye and Neville Wray

⁵ <https://britishmilitarymartialarts.co.uk/our-instructors/elijah-everill/>

⁶ <https://www.imdb.com/name/nm1330086/>

Building Relations with Spain

Date: 18 October 2021

Mr Jesus Eguia is the president of Federacion Espanola de Kickboxing y Muaythai (FEKM), the WAKO-affiliated kickboxing federation in Spain and founding member of WAKO Mediterranean Organization (WMO). FEKM has high participation numbers and a strong team of athletes. In the initial discussion with FEKM, it has opened competition and training opportunities in Southwestern Europe should we need. Such competition opportunity include the International Spanish Open 2021.



Jesus Eguia (left) and Joel Lye (right)

Building Relations with South Africa

Date: 18 October 2021

Mr Josh Cloete is the president for South African Kickboxing Association (SAKA). SAKA is one of the strongest nations in the African continent for the sport of Kickboxing. As part of our efforts to build relations, Josh is an important figure in helping to maintain connections with Africa.



Joel Lye and Josh Cloete

Building Relations with Ivory Coast

Date: 18 October 2021

Mr Parfait Doukrou is the president of WAKO Ivory Coast. Although it is a relatively new federation in the sport of Kickboxing, it has potential to grow and become a strong nation in Kickboxing. In our efforts to build international relations, we connected with Ivory Coast to build ties.



Mr Parfait Doukrou and Mr Joel Lye

Building Relations with Serbia

Date: 20 September to 24 October 2021

We had the opportunity to establish good relations with Serbia's top coaches, Aleksandar Topic and Milos Milutinov. During the 1-month period, we established strong relations with Serbia, which provided top level kickboxing coaching services. Serbia, which is recognised as the top country in the Kickboxing Ring disciplines, will be our preferred overseas training camp partners to prepare our athletes.



From left to right: Milos Milutinov, Nazri, Bruce, Aleksandar Topic

Building Relations with Italy

Date: 18 September to 24 October 2021

Manuel Nordio is one of the top coaches in Italy in the Tatami discipline (Light Contact). Manuel is also an accomplished kickboxing athlete, having competed since 1982 and holds 40 years of experience in Kickboxing. Manuel has been a strong pillar for support as he cornered Nazri in the 2021 Hungarian Open. We formed a strong relationship with Manuel and will looking forward to training opportunities with Manuel in Europe.



From left to right: Bruce, Manuel Nordio, Joel Lye and Nazri

Building Relations with Poland

Date: 19 October 2021

Ms Katarzyna Kociszewska is the chairman of WAKO's Women in Sport committee, a WAKO Board member and an influential member of the Polish Kickboxing Federation. We aspire to learn from Katarzyna strategies to improve women participation in Kickboxing for Singapore. In addition, Poland is considered one of the strongest countries in Europe in the Full Contact discipline, opening avenues for us to cross-train and learn from them.



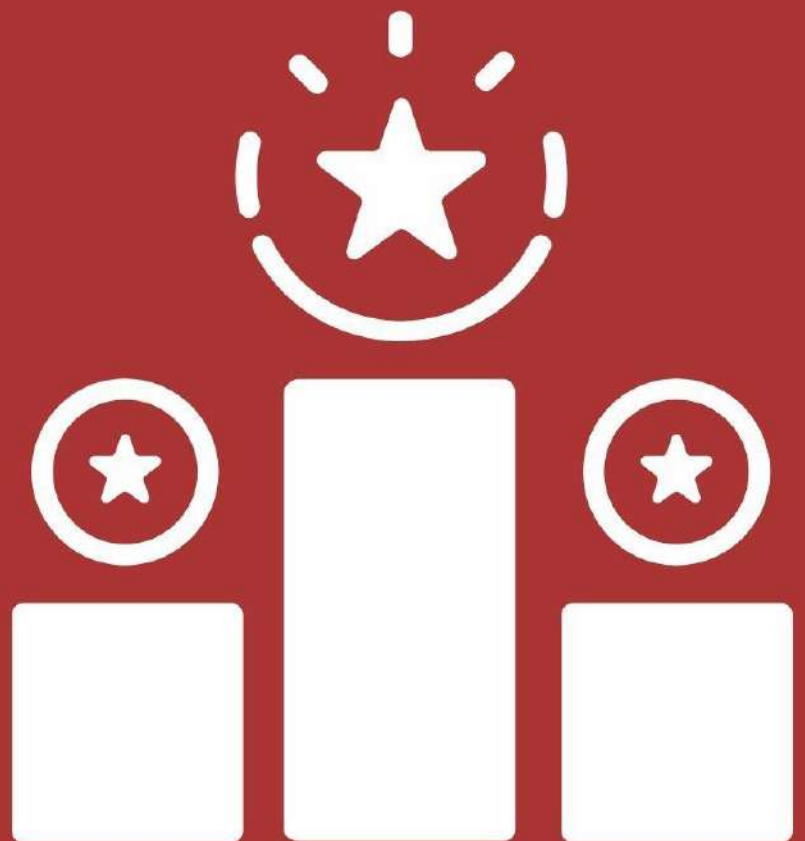
Joel Lye and Katarzyna Kociszewska

INTERNATIONAL

COMPETITION

&

PARTICIPATION



18. Participation in 2021 WAKO World Competitions

Hungarian Open 2021

Date: 16 to 19 September

The Hungarian Open was the first major WAKO international tournament held in 18 months, since the COVID-19 pandemic hit. The competition was held in Budapest, Hungary, which drew over 3,000 kickboxing athletes.

Nazri participated in the Hungarian Open in the Senior Men Under 79kg and 84kg Kick Light event, achieving 9th and 5th place respectively. Nazri attained ranking points for competing, earning him the Top place and Top 6 place in Asia for the 84kg and 79kg Kick Light categories respectively.

The Federation warmly congratulates Nazri for this significant achievement, having attained this amazing milestone for Singapore.



Nazri Sutari at the Hungarian Open

World Championships 2021

Date: 15 to 24 October

The Federation formed a contingent of 2 athletes, 2 coaches (with the support of our Serbian counterparts) and 2 officials for the WAKO World Championship, held in Jesolo, Italy.

Nazri competed in the Senior Men Under 75kg K1 Style, whilst Bruce competed in the Veterans Men Under 63kg Kick Light. Through their exceptional performance, they achieved personal bests in their respective events. Nazri attained Top 3 in Asia for the Senior Men Under 75kg K1 Style event and Bruce attained Top in Asia for the Veteran Men Under 63kg Kick Light. Bruce also attained 9th out of 20th position overall for his remarkable performance, making him the only Singaporean athlete to break the Top 10 at World level.



Nazri (left) against opponent Henrikas from Lithuania (right)



Hiranya from India (left) against Bruce (right)

19. Participation in WAKO General Assembly

WAKO General Assembly 2021

Date: 18 October 2021

We attended the WAKO General Assembly 2021, held in Jesolo, Italy on 18 October 2021. Roy outlined the scope of development for Kickboxing in the next few years, with the recognition of Kickboxing as a full International Olympic Committee (IOC) member.

Roy Baker's quote: *"I am delighted to have Singapore's participation in this year's World Championship. It shows their commitment to compete and improve, taking home valuable experience to develop the sport further in their country. For the first time in 18 months, I had the wonderful opportunity to connect face-to-face with the Singapore contingent and engage in fruitful discussions. The federation has my strong support and I am more than happy to support their developmental efforts in the coming months."*



20. Official WAKO Results

Following the close of the 2021 competitions season, Kickboxing Federation of Singapore is pleased to share the results of our athletes' performance and overall ranking results.

S/N	Name	Event	Ranking (World)	Ranking (amongst Asia Countries)
1	Loh Kain Kai (Bruce)	63kg Kick Light (Veteran)	9 th out of 20	Top in Asia
2	Muhammad Nazri Bin Sutari	84kg Kick Light	26 th out of 38	Top in Asia
3	Muhammad Nazri Bin Sutari	75kg K1	39 th out of 68	Top 3 in Asia
4	Muhammad Nazri Bin Sutari	79kg Kick Light	36 th out of 51	Top 6 in Asia
5	Singapore's overall ranking (as a country)		68 th out of 84	11 th in Asia

[Bruce] Top in Asia – Veterans Men Under 63kg Kick Light

× × × ×

KICKBOXING RANKING RESULTS



ASIA



MAT SPORT

63KG KICK LIGHT **VETERAN | MEN**



LOH KAIN KAI

Asia Ranking
Top in Asia

Results current as of 1 December 2021



[Bruce] World 9th – Veterans Men Under 63kg Kick Light

× × × ×

KICKBOXING RANKING RESULTS



WORLD



MAT SPORT

63KG KICK LIGHT **VETERAN | MEN**



LOH KAIN KAI

World Ranking
Top 9 out of 20

Results current as of 1 December 2021



[Nazri] Top in Asia – Senior Men Under 84kg Kick Light

× × × ×

KICKBOXING RANKING RESULTS



ASIA



MAT SPORT

84KG KICK LIGHT **SENIOR | MEN**



NAZRI SUTARI

Asia Ranking
Top in Asia

Results current as of 1 December 2021



[Nazri] Top 3 in Asia – Senior Men Under 75kg K1 Style



The graphic is a celebratory announcement for Nazri Sutari's achievement. It features a yellow background with a large circular portrait of Nazri Sutari on the right. To the left, there is an image of two kickboxers in action. The text 'KICKBOXING RANKING RESULTS' is prominently displayed at the top left, with a WAKO logo above it. Below this, an orange banner reads 'ASIA' with a map of Asia. Further down, three colored banners specify the category: 'RING SPORT' (black), '75KG K1 STYLE' (red), and 'SENIOR | MEN' (purple). A large white box in the center-left states 'Asia Ranking Top 3 in Asia'. At the bottom right, there are three logos: WAKO, KICKBOXING FEDERATION OF SINGAPORE, and a stylized red and black logo. The text 'Results current as of 1 December 2021' is at the bottom left.

**KICKBOXING
RANKING RESULTS**

ASIA

RING SPORT

75KG K1 STYLE

SENIOR | MEN

NAZRI SUTARI

Asia Ranking
Top 3 in Asia

Results current as of 1 December 2021

WAKO
KICKBOXING FEDERATION OF SINGAPORE

[Nazri] Top 6 in Asia – Senior Men Under 79kg Kick Light

× × × ×

KICKBOXING RANKING RESULTS



ASIA



MAT SPORT

79KG KICK LIGHT **SENIOR | MEN**



NAZRI SUTARI

Asia Ranking
Top 6 in Asia

Results current as of 1 December 2021



[Nazri] World 26th – Senior Men Under 84kg Kick Light



The graphic features a blue background with yellow and white geometric shapes. At the top left, four yellow 'X' marks are arranged horizontally. Below them, the text 'KICKBOXING RANKING RESULTS' is displayed in large, bold, black letters. To the right of this text is a circular logo with 'WAKO' and stars. Below the main title, a blue button with a globe icon and the word 'WORLD' is shown. To the left of the button is an image of two kickboxers in action. Below the button, the text 'MAT SPORT' is in a black box, and '84KG KICK LIGHT' and 'SENIOR | MEN' are in blue and purple boxes respectively. On the right side, a circular portrait of Nazri Sutari is shown, with his name 'NAZRI SUTARI' in a blue banner below it. In the bottom left, a white box contains the text 'World Ranking 26th out of 38'. At the bottom right, there are three logos: WAKO, FULL-CONTACT, and the Kickboxing Federation of Singapore logo. The text 'Results current as of 1 December 2021' is at the bottom left.

KICKBOXING
RANKING RESULTS

WORLD

MAT SPORT

84KG KICK LIGHT SENIOR | MEN

World Ranking
26th out of 38

Results current as of 1 December 2021

WAKO
FULL-CONTACT
KICKBOXING FEDERATION OF SINGAPORE

[Nazri] World 36th – Senior Men Under 79kg Kick Light



**KICKBOXING
RANKING RESULTS**

WORLD

MAT SPORT

79KG KICK LIGHT **SENIOR | MEN**

NAZRI SUTARI

World Ranking
36th out of 51

Results current as of 1 December 2021

Logos: WAKO, FULL-CONTACT, KICKBOXING FEDERATION OF SINGAPORE

[Nazri] World 38th – Senior Men Under 75kg K1 Style



The graphic features a blue background with yellow and white decorative elements. At the top left, four yellow 'X' marks are arranged horizontally. Below them, the text 'KICKBOXING RANKING RESULTS' is displayed in large, bold, black letters. To the right of this text is a small circular logo with 'WAKO' inside. Below the main title, a blue button with a globe icon and the word 'WORLD' is shown. To the left of the button is an image of two kickboxers in action. Below the button, the text 'RING SPORT' is in a black box, '75KG K1 STYLE' is in a red box, and 'SENIOR | MEN' is in a purple box. On the right side, a circular portrait of Nazri Sutari is shown. Below the portrait, a blue banner displays his name 'NAZRI SUTARI'. In the bottom left, a white box contains the text 'World Ranking 38th out of 68'. At the bottom right, there are three logos: WAKO, WAKO Full Contact, and the Kickboxing Federation of Singapore logo. The text 'Results current as of 1 December 2021' is at the bottom left.

KICKBOXING
RANKING RESULTS

WORLD

RING SPORT

75KG K1 STYLE

SENIOR | MEN

World Ranking
38th out of 68

Results current as of 1 December 2021

WAKO

WAKO
Full Contact

KICKBOXING
FEDERATION OF
SINGAPORE

The image features a central world map in a light green, textured style. Overlaid on the map is the text "UNITY IN COMBAT SPORTS" in a bold, dark brown, sans-serif font. Surrounding the map are several hands of different skin tones (dark brown, orange, light brown, red, pink, black) reaching upwards. Some hands are wearing accessories like a watch or a ring. The hands are positioned at the top and bottom edges of the frame, creating a sense of global unity and participation.

UNITY IN COMBAT SPORTS

21. Unity in Combat Sports – Silat

Date: Ongoing since 2017 (5 years running)

Dr Sheik Alau'ddin frequently gives direction and advice on how Kickboxing Federation of Singapore can improve its' process and systems to further develop the competition and participation element of the sport.



Kickboxing Federation of Singapore with Mr Sheik Alau'ddin

Provision of Training and Strength & Conditioning Support

Dr Sheik and his team of coaches have been providing training and strength & conditioning support for Nazri, who is preparing for his 2022 competition season leading up to his 2023 World Championship campaign.

Since Nazri starting his additional training with Dr Sheik, he has seen tremendous improvements by leaps and bounds.



Nazri training with Singapore Silat Federation

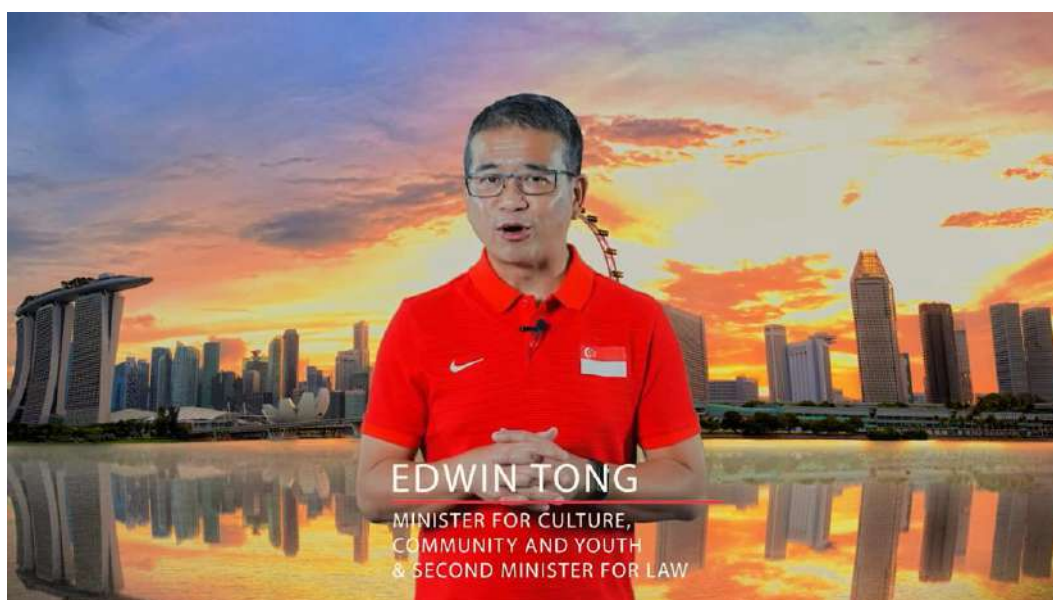
22. Unity in Combat Sports - #SGUnitedInSports

Date: 1 May 2021

The Federation was involved in the #SGUnitedInSports initiative, a video showcasing fun exercises to stay fit and healthy. Kickboxing teamed up with other combat sports to produce the video. Notable participants of the initiative include Minister for Culture, Communication and Youth, Mr Edwin Tong, Speaker of Parliament and President of the Singapore National Olympic Council, Mr Tan Chuan Jin, CEO of SportSG, Mr Lim Teck Yin.



#SGUnitedInSports – Kickboxing Feature segment



#SGUnitedInSports – Minister Edwin Tong opens the video

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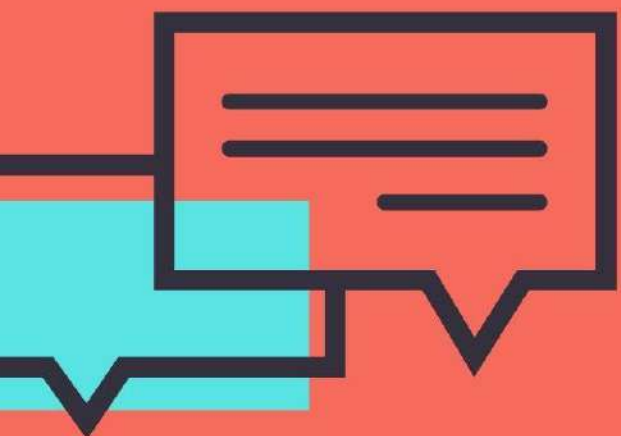
23. Unity in Combat Sports – Muay Thai

Date: Since August 2021

Robert Yap, National Coach for Singapore Muay Thai Federation coaches our athletes on a frequent basis by providing technical and sparring training. Robert, along with the Singapore Muay Thai national athletes provided the necessary training preparation for our athlete's World Championship 2021 campaign.



From left to right: Robert Yap, Jason Lim and Nazri



MEDIA INTEREST



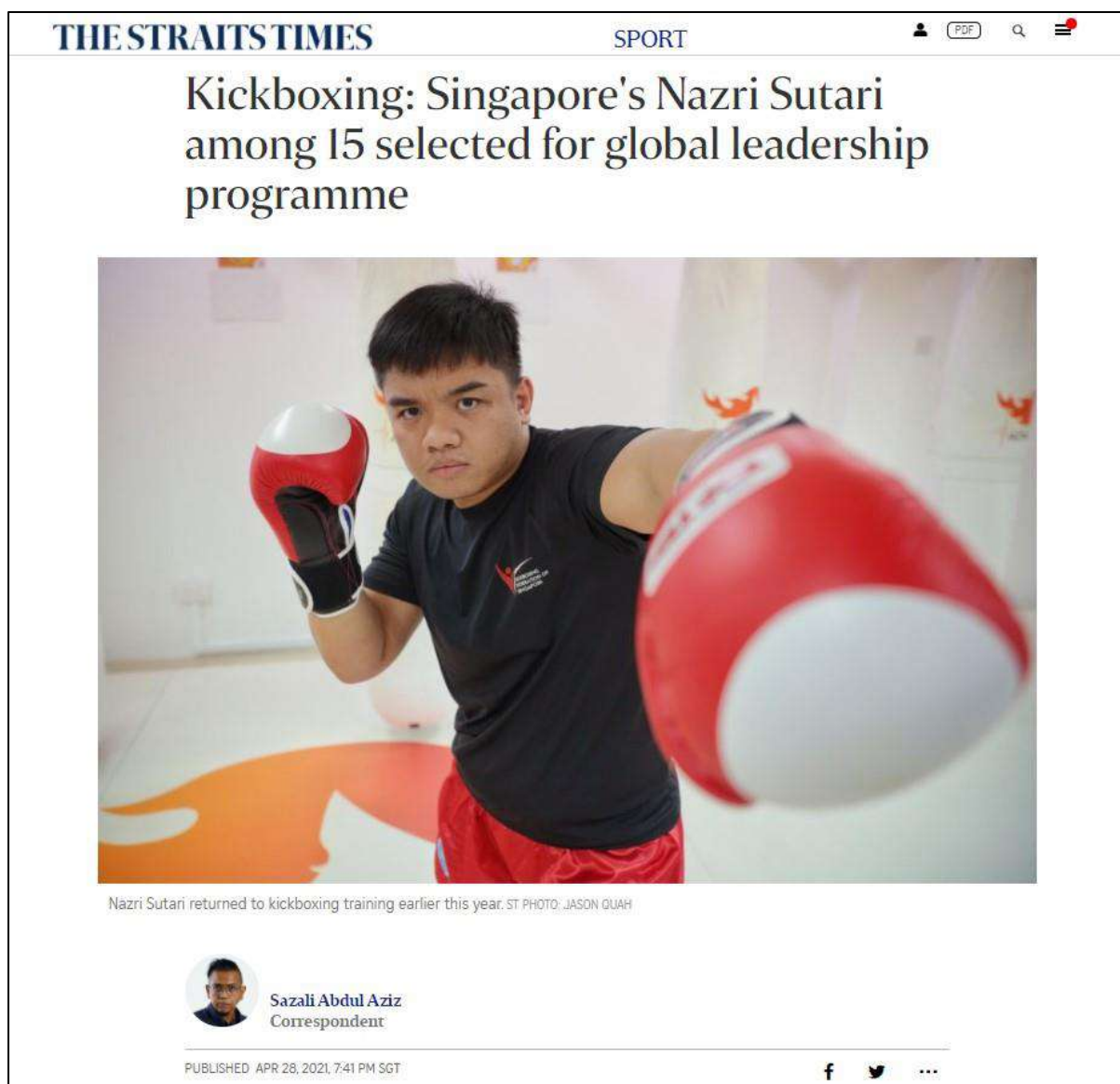
24. Media Interest in Kickboxing

In the year 2021, we had great publicity coverage by major publications of Singapore.

[Straits Times] 28 April 2021 – Kickboxing: Singapore's Nazri Sutari among 15 selected for global programme

Date: 28 April 2021

Nazri was privileged to be selected as one of 15 inaugural WAKO GameChangers, a global leadership program designed by WAKO to groom the next generation of WAKO leaders.



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[LianHe ZaoBao] 9 September 2021 – Kickboxing: Master and apprentice join hands together to compete in World Championship

Date: 9 September 2021

We are honoured to have LianHe ZaoBao feature both Bruce and Nazri for the 2021 World Championship campaign. This story talks about the unique opportunity of both master (Bruce) and apprentice (Nazri) joins hands to compete together. Bruce will be competing in the Veteran's division while Nazri will compete in the Senior's division.

星期四, 九月 09, 2021

联合早报



zaobaosg

师徒同心 罗建凯携手纳兹里 征战踢拳道世锦赛

师徒同心，其利断金。罗建凯将与徒弟纳兹里一同参加下个月举行的踢拳道世界锦标赛。这是两人首次并肩作战。纳兹里坦言，这很难得，也很珍贵。等到师父上场比赛时，他就会在旁边给予指导、提出建议，在角色上完全转变。

唐浩杨 报道
boyang@zh.com.sg

由世界踢拳道协会举办，两年一届的踢拳道世界锦标赛将于下个月15日至24日在意大利城市耶索举行。我国综合格斗选手罗建凯将携手徒弟纳兹里出征，期望取得佳绩。

阔别国际拳坛八年 罗建凯再次出发

师徒二人前天在训练间隙接受了《联合早报》专访。在谈及对比赛的准备之余，两人也对本地的踢拳道和综合格斗运动分享了一些自己的看法。

现年45岁的罗建凯从13岁开始接触拳击，至今已有32年。两年前，当他带队前往波斯尼亚参加比赛时，偶然发现还有41岁以上级别的赛事。这让罗建凯许久未有波动的心潮猛地泛起涟漪。在仔细学习比赛规则及以赛代练之后，他决定重新整装出发。

罗建凯说：“当我发现还有41岁以上级别的赛事时，我又开始‘手痒’。这样的机会太少太少了，而且比赛规则我也还能接受，不算太危险，所以我决定参赛。”

踢拳道（Kickboxing）源于日本，吸取了空手道的技巧以及合气道的技术，主要攻击方式为拳击、膝撞和腿踢。与综合格斗不同的是，踢拳道不可以用摔跤、绞杀等方式，因此危险性相对较低。



“这很难得，也很珍贵。等到他上场比赛时，我也会在旁边给他指导、提出建议。这在观念上须要作出改变。”

纳兹里也笑称：“当然，就实力技巧而言，他还是能轻松赢我千百遍。”

2019年，罗建凯带领纳兹里前往波斯尼亚参加世界拳击锦标赛让纳兹里快速成长。罗建凯说：“那一战让他遇到了不同国家的冠军选手，这些难得的经验是我们教不了。而且纳兹里75公斤的级别在本地很难找到势均力敌的陪练，因为他在训练时有时需要80公斤以上的陪练，但我们都只有60公斤级。”

为了强化纳兹里的训练，罗建凯在过去这段时间也邀请一些新加坡泰拳协会的拳手前来陪练。

纳兹里说：“虽然两种拳击在规则、评分上有些区别，但两者在基本功、体能、心态等方面还是大致相同的。”

“而且这些泰拳选手是本地为数不多有机会站上国际舞台的运动员，当我和他们一同训练时，真的能学到不少东西。”

纳兹里将在下周前往匈牙利和塞维利亚参加比赛和训练四周，积极备战世锦赛。

本地缺少专业拳击陪练，这是纳兹里首次与罗建凯教练并肩作战。角色的转变令他感到有些无所适从。

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LianHe ZaoBao feature of Bruce and Nazri

[Straits Times] 10 September – Kickboxing: Teacher first, teammate second

Date: 10 September 2021

Straits Times featured Bruce and Nazri in this story, focusing on coach-student relationship.

FRIDAY, SEPTEMBER 10, 2021 | THE STRAITS TIMES

SPORT

TEACHER FIRST, TEAMMATE SECOND

Kickboxer Nazri will compete at the world c'ships in Italy with his coach and mentor Loh

Sazali Abdul Aziz

For 13 years, top national kickboxer Nazri Sutori has considered Bruce Loh his sensei (master). Soon, for the first time he will count Loh as a teammate as well.

Student and mentor will both compete at the Wako World Senior and Master Kickboxing Championships in Venice from Oct 15 to 24.

They are aiming to reach at least the quarter-finals in each of their respective categories, which would help them earn a top-eight finish at the event run by the World Association of Kickboxing Organisations (Wako).

Nazri, 31, likened his relationship with Loh, 45, to the one Daniel LaRusso had with Mr Miyagi in the 80s Karate Kid franchise flicks.

"Bruce doesn't just teach me martial arts and how to fight," said the bubbly Nazri, who picked up martial arts in 2008 as a polytechnic student.

"He's been with me through this entire journey, not just as a martial arts exponent but as a person too. So he's not just a coach. I respect him as a mentor."

The upcoming World Championships, said Nazri, puts him in a unique situation.

"All the time I've known Bruce, I've looked up to him. How do I tell him if I notice he's (lacking) in a certain area?" asked Nazri with a chuckle.

The pair's familiarity with each other, however, means there is barely any uneasiness between them. When asked how each had changed over the years, Nazri said Loh had mellowed, even though he was "never really a hot head" to begin with. And Nazri?

"He's more mature now," said Loh.

"In the past, he would complain a lot about everything, from dieting to jogging."

Loh looked across to Nazri, then added with a smile: "Well, he still complains, but it's much less now."

The World Championships will mark Loh's return to competitive combat sport after almost eight years. His last bout was a late-night mixed martial arts fight in One Championship in 2013.

Work commitments and caring for his elderly parents, he explained, put his competitive exploits on the back burner but the Masters category appealed to him. Open to those 40 and older, it features three two-minute rounds compared to the usual five three-minute ones, making "training more manageable and less demanding".

Loh also knows what to expect, having had a first-hand view of the level of competition at the last edition of the World Championships, in Sarajevo, Bosnia and Herzegovina in 2019, when he coached Nazri on his global debut.

Then, Nazri placed 17th out of 25 competitors, exiting after losing in the first round to Iran's Hossein Karami, and he admitted the experience was eye-opening.

"I went into that competition pretty cocky and with a certain level of self-belief, but the level of competition was just way different," he said with a sheepish grin.

"I hope that now, with the knowledge and experience I have gained, being a bit more grounded and a bit more humble will help."

Nazri rebounded almost immediately, donning a sambo jacket in the Philippines to win Singapore's first gold medal in the sport at the SEA Games just seven weeks later. He spent most of last year recuperating from a major knee injury but believes he is now in as good shape as he can be.

Kickboxing Federation of Singapore president Jason Lim said he hoped a good showing by Nazri will see kickboxing receive more recognition and support from the sports authorities.

"And if Nazri makes the top eight, he will qualify for the World Games (in Alabama, the United States) next year," said Lim. "That would help elevate kickboxing in Singapore even further."

mazali@sph.com.sg



Above: Coach Bruce Loh (left) and his student Nazri Sutori will take part in next month's World Senior and Master Kickboxing Championships. Left: The pair in training. ST PHOTOS: NG SOR LUPA

JUST LIKE MIYAGI

Bruce doesn't just teach me martial arts and how to fight. He's been with me through this entire journey, not just as a martial arts exponent but as a person too. So he's not just a coach. I respect him as a mentor.

NAZRI SUTORI, Singaporean kickboxer, on his coach Bruce Loh.

10 September 2021 – Straits Time Article

2021 Annual Report

47 Beach Road, #03-03 Kheng Chiu Building, Singapore 189683

Website: www.kickboxing.org.sg | Email: info@kickboxing.org.sg

[Straits Times] 13 September – Kickboxing: SEA Games Sambo Champion competes in Kickboxing World Championship

Date: 13 September 2021

Berita Harian featured Bruce and Nazri in this story, focusing on his journey transiting from Sambo to Kickboxing.



Berita Harian | Isnin, 13 September 2021

15

TINJU TEDANG (KICK BOXING)

Selepas hampir 2 tahun rawat cedera dan terhimpit dek Covid-19

Juara Sambo Sukan SEA beraksi di kejohanan tinju tendang dunia di Italy




GAIRAH KEMBALI DI PENTAS DUNIA: Nazri (gambar atas) dan Loh akan bersaing di di Kejohanan Dunia Tinju Tendang Senior dan Master WAKO 2021 di Jesolo Lido, Italy, pada 15 hingga 24 Oktober ini. - Foto BH oleh NG SOR LUAN

13 September 2021 – Berita Harian Article



PARTICIPATION IN INTERNATIONAL CAMPAIGNS



25. Peace and Sport – #WhiteCard campaign

Date: 6th April

Every year on 6th April, in support of Peace and Sport's #WhiteCard campaign, we participate with a social media post of our athletes holding a white paper, as a sign of our commitment to peace efforts worldwide.



Joel Lye and Valencia Yip participating in the #WhiteCard campaign



Clement Chew and Jason Lim participating in the #WhiteCard campaign

26. WADA - #PlayTrue Campaign

Date: April

Since 2014, in April of every year, WADA and the anti-doping community worldwide have celebrated 'Play True Day' – a day that is dedicated to raising awareness among athletes, the sporting public and others about the importance of protecting Clean Sport.

Kickboxing Federation of Singapore and its' athletes participated in the campaign with a social media post, showing our commitment to Clean Sport and advocating greater awareness of anti-doping.



Yong Ming (left) and Nazri pledging their support for the #PlayTrue campaign



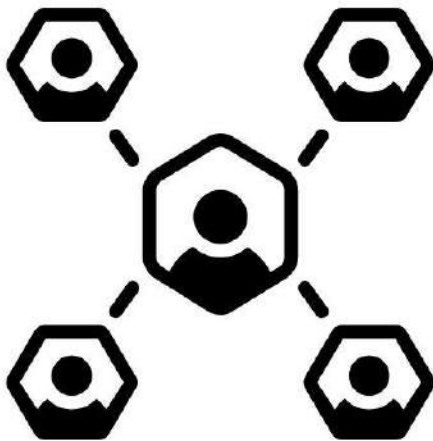
Jason pledging his support for the #PlayTrue campaign



AFFILIATES

LONG TERM GOALS

OBJECTIVES

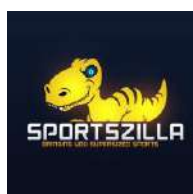


27. Affiliate Clubs

11 Affiliate Clubs

In total, we have 11 affiliate clubs affiliated to Kickboxing Federation of Singapore

1. Active Red
2. Impact Mixed Martial Arts (MMA)
3. Active Life Center (Active Zone)
4. UFC Gym Singapore
5. Sutari Martial Arts
6. Cobra Fight Gym
7. Sportszilla Martial Arts
8. Fighter Fitness
9. i Mixed Martial Arts (iMMA)
10. Southpaw Kickboxing and Boxing Club (UWC Southeast)
11. IKO Kyokushinkaikan Singapore Dojo



3,000 Affiliate Members

There are an estimate of **3,000 members/athletes** through these 9 affiliate clubs.

1,450 Female Affiliate Members

There is an estimate of **1,450 female members/athletes**.

28. Long Term Goals and Objectives

Local Goals and Objectives

- Get more support from Sport SG
- Set up more training in the various competition rules
- Organise local competitions at national levels
- Organise National Kickboxing League to enhance greater participation
- Continue to grow the current National Kickboxing Team
- Increase the number of member clubs
- Increase participation in the sport of Kickboxing
- Upgrade the standard of Kickboxing by organizing seminars, workshops, professional/executive training

South-East Asian Level – Competition Goals

- 2022 SEA Games held in Vietnam, 12 to 23 May

We will ensure that our plans for the federation in 2022 will adhere and comply with the Selection Criteria and Procedures set out by Singapore National Olympic Council (SNOC) for the 2022 SEA Games.

Asian Level – Competition Goals

- 2023 Asian Indoor and Martial Arts Games, 16 to 27 November (Thailand)



World / International Level – Competition Goals

- 2022 Irish Open, 3 to 6 March (Dublin, Ireland)
- 2022 Serbian Open, 18 to 20 March (Surcin, Serbia)
- 2022 Turkish Open, 12 to 15 May (Istanbul, Turkey)
- 2022 World Games, 15 to 20 July (Birmingham, USA)
- 2022 Balkan Open, 14 to 15 Oct (Tesnaji, Bosnia and Herzegovina)





2021

END OF REPORT

Big thanks to everyone for helping make
2021 a memorable year!